

INSIDE

Errands Unlimited....P.4
Mustache Contest.....P.5
Pleasanton's Game....P.8
Heritage Parade.....P.10
Total Workout.....P.11

A Community Newspaper

PLEASANTON PATHWAYS

BULK RATE
U.S. POSTAGE
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Volume IV Issue XII

Pleasanton, California

June 23, 1986

A Round-up of Summer Activities for All Ages

With summer just around the corner and all of us wondering what to do to stay busy and entertained, a summary of activities close to home is in order. Here are some of the many events, classes and activities available this summer.

YMCA CAMP AND CLASSES

YMCA summer programs include day camp and youth gymnastics and karate. Spaces are still available for the Y's day camp programs for kids in kindergarten through fifth grade and grades 6-8. There are also specialty camps such as the Camp Loma Mar resident camp for grades 3-9, a trip to Mt. Lassen for grades 5-8, a Yosemite Caravan for grades 9-12 and Family camps.

For gymnastics and karate enthusiasts, the Y offers gymnastics sessions for all ability levels and ages 1-15. Karate classes for ages 6-16 and all ability levels are also offered. Classes begin the week of June 16.

For information on Y camps and classes, call 462-0270.

RFD's SPECIAL YOUTH EVENTS

Resources for Family Development is sponsoring a series of special summertime events for kids. All events are free and are geared for school-age children.

On Wednesday, June 25 at 11 a.m. and 1 p.m. the Alexander Lindsay Museum Animal Shows will be held in Amador Community Park. On Tuesday, July 8 at 2 p.m., a puppet show by Nola Proll will be performed at May Nissen Park, 685 Rincon Ave. in Livermore.

On Monday, July 21 at 10 a.m. a Magic Show by Leo Luna will be performed at Shannon Community Center, 11600 Shannon Blvd. in Dublin. On Thursday, August 7 at 2 p.m., a second puppet show will be performed at Shannon Park in Dublin; and on Wednesday, August 20 at 10 a.m., another magic show will be performed at May Nissen Park in Livermore.

For more information on any of these special events, phone Natalie Scott at Resources for Family Development, 455-5111.

PLEASANTON PARKS AND COMMUNITY SERVICES

The City of Pleasanton is offering a wide range of classes and activities, including a day camp, for all ages.

Summer-at-the-Park day camp will be held in two sessions, June 23-July 24 and July 28-August 21, for two age groups, 6-8 year-olds will meet 9 a.m. to noon and 9-12 year-olds will meet 1:30-5:30 p.m. The day camp sessions will be held at Amador Community Park and will include arts and crafts, nature studies and sports and games.

Teens will have several activities geared to their interests. A day at Santa Cruz Beach and Boardwalk is planned for 11-15 year-olds, Wednesday, June 25; and a Friday night dance at Veteran's Hall is on for July 25, 8-midnight.

The Aquatic Center at 4455 Black Ave. is open throughout the summer for lessons and recreational swimming. A snack bar is open daily at the pool from 2:30-4:30 p.m. There are special hours for recreational swimming as well as lap swimming and diving. Phone the pool at 847-8171 for additional information.

Youth classes in painting, ballet and tap dancing, ceramics, drawing, basic guitar and karate are offered. Adults may sign up for Cajun/Creole cooking, speed reading, oil painting, social dance and CPR and first aid classes.

Several special excursions are on the calendar. Shopping sprees at several outlets such as Gunne Sax and the Flower Mart in San Francisco are planned for July 12, 26 and August 12.

Additional information on Parks and Community Services summer programs may be obtained by phoning 847-8160.



Nola Proll's puppet theater will be featured in RFD's summer youth program.

PLEASANTON NIGHT AT THE A'S GAME

City of Pleasanton Night at the Oakland Coliseum will take place at the

A's-Red Sox game on Monday, July 21. The Mayor will throw out the first ball

continued on page 12



Tulangingo Rotary President, Roberto Romero, received a special plaque from Pleasanton Rotary President Bill Lenson. The plaque was placed on a new trade school building now under construction in Tulancingo, Mexico. Cooperative efforts of the Tulancingo and Pleasanton Rotaries along with Rotary International have made this project possible. Tulancingo is Pleasanton's sister city and the Sister City Committee is a non-profit, self-sustaining organization. For further information, call Bob Athenour at 846-3601 or Steve Noble at 463-9500.

WHEELS

LAVTA buses will hit the streets on July 1, but not without considerable celebration and fanfare.

The Livermore/Amador Valley Transit Authority buses will be dubbed "Wheels" and will begin regular service at 7 a.m. on Tuesday, July 1. After years of discussion and planning among the three Valley cities, the Valley's newest and most convenient transit system will inaugurate service.

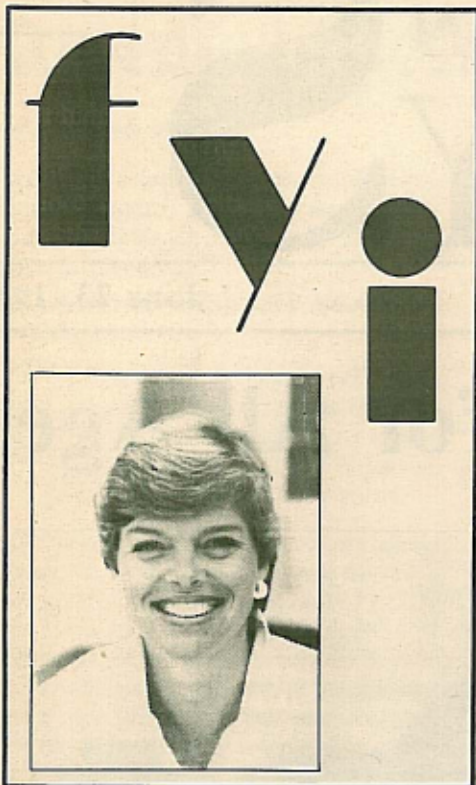
A grand celebration to kick off service will be held on Sunday, June 29 at 11 a.m. The festivities will take place at the Sports and Recreation Park on Hopyard Road. There will be speeches by the mayors of Pleasanton, Dublin and Livermore and representatives of Chambers of Commerce and the senior and student communities. A ribbon-cutting will climax the

speech making and then the real fun begins.

There will be refreshments, entertainment, balloons and buttons. The "Wheels" buttons to be given away will entitle passengers to free rides on "Button Days" which will be held later in the year.

Buses representing all of the Valley's mass transit systems will also be on display along with a London-style double-decker. Rides to the "Wheels" party will be free as buses roll at 10 a.m., 12:15 p.m., 3 p.m. and 4 p.m. All riders will receive a free "Wheels" t-shirt.

To introduce service and familiarize Valley riders with the new system, "Wheels" has announced that rides during the first week will be free. So come one, come all!



for more than twelve years in the world of dreams, I'm still amazed at how fascinating the inner life can be.

"Dreams are symbolic, not literal."

Our unconscious constantly sends us information about ourselves through stories, plays and dramas which are often difficult to understand. Dreams are symbolic, not literal. Only one in twenty dreams can be clearly understood. Some, through analysis, become clear. Others remain a mystery.

Symbols are both universal and unique. For example, in our dreams, we often find ourselves near the ocean or in a

"I'm often asked the significance of nightmares and repetitive dreams."

forest. These are universal symbols of the unconscious. Animals are symbols of our instincts: a horse is energy, a cat is femininity.

Cars are symbols of the way we get around in the outer world. To help determine their significance, we ask, who is driving? You, or is your mate in charge? Is your car stalled, maybe you're stuck.

A unique symbol is based on the specific psyche of the individual. Many symbols are personal pictures as opposed to universal images. For example, the

masculine in a woman will present itself in forms that are personal to that woman. She may have dreams about her father, brother, lover or a stranger. These represent the various masculine facets of her personality.

We have many qualities: masculine, feminine, extroversion, introversion, thoughtfulness, emotions. When we dream about an old friend or someone we met today, they symbolize something. If we dream about an old school friend who

"Dreams are not to be taken literally."

was fun loving or reliable or a go getter, this may tell us something about ourselves. Perhaps that we have lost touch with our fun-loving sides.

I'm often asked the significance of nightmares and repetitive dreams. Sometimes, the only way your unconscious can get your attention is to shock you. Pay attention! This is important.

Example. A woman often dreams about a burglar trying to get into her house. A house often symbolizes our psyche. The burglar may symbolize a masculine part trying desperately to integrate itself into the woman's unconscious. The dream may repeat until she gets the message.

Dreams are not to be taken literally. At a recent talk I gave, a woman shared a dream that was causing her a great deal

of concern. She dreamt that she and her friends were looking down at a mutual friend lying on the floor. The dreamer believed her friend to be dead. I suggested that the significance of the dream may be

"Dreams are often compensatory."

that she feels her friendship with this woman is dead. At this analysis, her face lit up, "that's it!" she said.

Dreams are often compensatory. We may refuse to face a disturbing event. That night, we will dream a story that will force us to deal with the conflict or unpleasant situation. Example. A client had a confrontation with his boss. That night, he dreamt he was in a dentist's office with his mouth wired shut.

Dreams are a fascinating journey, along which we learn much about who we are.

"Dreams are a fascinating journey, along which we learn much about who we are."

They are snapshots of where we are and where we may be headed.

So often, we feel lost and confused. Finding a path or the proper direction with the aid of our dreams can be a god-send. The answers are within. Dreams unlock the doors.

If you are interested in learning more about your dreams, contact me at 846-8653 or 939-6131.

FYI is a bi-monthly column featuring guest writers. This column is by Jean Loyd, a licensed Marriage, Family and Child Counselor with Team Edserve in Pleasanton and maintains a private practice in Lafayette.

If you have some information that you feel would be of interest to the community and would like to be a guest writer, contact Lilly Ault at 463-2750.

Dreams are an exciting journey into the land of the unconscious. After working

ON THE STREET

What are your hopes for your children's future?



David Simons, Construction worker

"What I really want him to be is happy and contented in life. I want him to be a doctor or a lawyer and I'm sure he wants to be a truck driver."



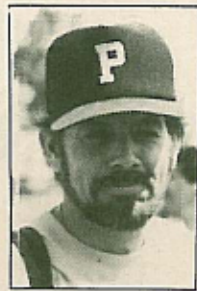
John Janowski, Fireman

"I think kids should be happy and get a good education. Of course we talk about education all the time. I try to make things peaceful around the house to help them achieve that goal."



Cathy Soule, Mother

"I'd like to have them grow up and be decent people who care about other people; to have them be the best they can be in whatever they choose. If I can put four good people in this world, I'd be happy."



Dave Silva, Floor Covering Contractor

"I hope for them to be educated and healthy and aware of the world around them. Of the world itself, nature, as opposed to just the almighty dollar."



Kathy Olmstead, Medical Transcriptionist

"I think it would just be for them to have something I didn't have, home, family, education, a good job. The good old 'average American family'."



Dena Splitstoser, Mother

"That they feel good about themselves and be pleased with whatever they choose to do. Whatever road they take is fine. I just want them to learn to love themselves first."

Notes from Lilly's Pad

Much concern, interest and talk has been centered around retaining Pleasanton's old town flavor.

That "flavor" was certainly in abundance at the Pleasanton Rotary Club's two-day Art, Wine and Corn Festival held on June 7 and 8.

The day started with participants leisurely strolling through many interesting handmade arts and crafts.

As one browsed through these items a whiff of a barbecue cooking hamburgers and hot dogs served with all the good old fashion "extras" could be had.

Freshly picked and barbecued corn dripping with butter, a popular pick of the participants, had a special flavor all of its own.

Big, juicy, freshly picked red strawberries from Sunol were served with tasty whipped cream by the Interact Club.

Cookies, cakes, brownies, cupcakes, etc. baked and served by Rotarian wives were a delight to please any sweet tooth.

The local wineries held a wine tasting served in souvenir glasses marking the occasion.

The happening was definitely a family affair. Mothers and fathers with their children, along with aunts, uncles and grandparents were all out to enjoy the perfect weather.

It was a good time to visit with old friends and a chance to meet new residents of Pleasanton.

Amador Park on Black Avenue was the perfect setting for such a family gathering. The park itself offers all types of outdoor enjoyment.

There were people swimming in the community pool, softball players, joggers, bike riders, kite flyers and children playing on the wide variety of park equipment that is available.

A massive lawn area invited picnic-goers to spread their blankets, relax and listen to live music.

Picnic tables and benches were available to sit and savor your choice of goodies.

For two days the people continued to come and go. Some who attended the first day had such fun that they returned the second day.

The hard working Rotarians and their wives, who put in hours planning for the event, deserve a round of applause for their fine efforts in making these two-days a happy time for so many people.

However, it all doesn't stop there. The proceeds from this very successful event will benefit student scholarships and the trade school in Pleasanton's Sister City, Tulancingo, Mexico.

If you missed the event this year, watch for its appearance the first part of June, 1987.

Be a fun lover and join the fun-loving group.

See all of you at the Rotary Art, Wine and Corn Festival next year!

Personality Profile

Ten Years of Bringing Music to Young People's Lives

by Jana Pantazelos

"Music appreciation is for everyone. I like to compare it to swimming. Most everyone can swim and have fun. You don't need to be an Olympic swimmer to enjoy it. Piano is the same way. You should have fun with it and enjoy it!"

Carol Abbanat's philosophy of music is summarized in those words and reflected in her work with students in her Pleasanton studio. Abbanat has been teaching music for ten years. Her Pleasanton Valley home serves as a focal point for her commitment to enhancing people's lives through music.

There are three pianos, including one baby grand, in the three downstairs rooms that comprise her music studio. Abbanat works with two other teachers, Connie Roney and Susan Frey, teaching over 70 students on a full Monday through Friday schedule. The students at the Abbanat studio range in age from five to seventy and all are given the same attentive, one-to-one instruction.

For Abbanat, there is more to lessons than 30 to 45 minutes at the piano with a student. The Certificate of Merit system of the Music Teachers Association of California is an important component in her music instruction program.

The merit system is comprised of ten units starting with students at the third grade level. By the time the students graduate from high school, they have completed all units of the program. The merit program sets guidelines and standards for the students' proficiency at each level and includes instruction in music history, theory and technique.

Abbanat likes the system because it establishes a manageable order for the many facets of music instruction. "I like

including music history, giving the students a larger view of music. At the end of this program, my high school students know more than I did when I started my college music theory studies. When they finish, many of them are qualified and responsible to teach beginning students."

Abbanat grew up in Massachusetts and studied piano all through school. She attended a small private school in Arlington and her music instructor urged her to make a career for herself as a musician. But, Abbanat had reservations about how secure a musician's life would be, and instead chose to pursue a career in nursing.

While a nursing student, she met Roy, a Dartmouth medical student from California. They married and it was the practical nursing career that saw them through Roy's studies, internship and residency.

Twelve years went by before Abbanat took up piano again. But in 1975 she began the music program at Cal State Hayward. With three young children at home, it took her six years to earn her B.A. in Music and Piano Proficiency.

In 1976, Abbanat began teaching piano. At the time, it was one piano and one teacher. Over the years, she's added pianos and instructors. One of those is her daughter, Karen, who works with five beginning students one day a week. "Karen is a natural teacher. I remember when she was small, she taught her dolls."

Of more than 70 students, only a quarter are boys, and Abbanat regrets that. "We seem to still have a double standard. We don't motivate and push



Carol Abbanat and long-time student Katherine Manchester

our boys in the same way we do the girls. Yet, those that dominate the music field in all respects are men. Music is something they'll have the rest of their lives to enjoy. I'll do whatever I can to accommodate their schedules, I certainly don't want piano to compete with sports. They can have both."

Abbanat stresses the importance of the parents' role in her students' music studies. Whether a student is learning just for fun or sees a future on the concert stage, parent support is vital. "Parents have an obligation to get their kids to the piano to practice. That's the hardest part."

Each Spring, the Abbanat Studio hosts

a full schedule of Sunday afternoon recitals. Every student, from the youngest beginner to the most accomplished high schooler, chooses a piece of music to perform. For weeks before the recital, each student practices their music and their bows and curtsies.

At the June 1 recital this year, the Abbanat, Roney and Frey students made their parents proud. And for Abbanat, who enjoys performing and played a dramatic Chopin piece, it was another day full of joy and satisfaction. Her students performed well and all shared in the special atmosphere created when young people and music come together.



CAROL BUSH, MEET CAROL BUSH. Shown at left is Chamber of Commerce Office Manager, Carol Bush meeting Hewlett-Packard secretary, Carol Bush. Occasionally having the same name creates some confusion. Both women are customers at Pleasanton's Clothes' Tree. To keep things straight, the salesclerks at the store refer to one as Carol "chamber" Bush.

A Biting Story

Dog Can Stop Mail Delivery

Crusty newspaper editors have often used the following adage as a rule of thumb to determine what's news: "dog bites man is not news, man bites dog is."

Pleasanton postmaster Jose Cantu wants to avoid the first part of that adage and is soliciting the help of local dog owners.

The postmaster said that nationally last year, more than 5000 letter carriers were bitten by dogs. Included in those statistics were injuries to 18 Pleasanton/Dublin carriers.

Cantu points out that dogs are territorial by nature and even the most gentle pet will bite if it feels its territory is threatened. "With a little care, a pet owner can not only protect our carriers, but his or her pet and pocketbook, too," he said.

"We suggest that pets be kept away from the mailbox and areas the letter carrier uses for access to the property. If the pet cannot be kept behind a secure fence, the owner should restrain it with a secure leash or tether or at least keep the pet inside the house during the usual hours carriers are making their rounds."

The Postal Service is committed to protecting its carriers from dog bite hazards. When a pet owner fails to restrain a dog, home delivery to the residence, or in extreme cases, the entire neighborhood, will be interrupted.

Cantu adds, "We try to do our part by stressing awareness of dog bite dangers to our carriers, but we rely heavily on the support and cooperation of the community to help us end these painful and costly injuries."

Dr. Jeffrey Grutman, D.P.M.



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Serendipity

TV or not TV

Thoughtful adults like to debate the virtues of television.

Many people with busy careers and social lives watch it very little and even take pride in the fact that they still own the same little 19" black & white portable from their dorm days.

Others watch the trendy new shows and latest cassette movie releases on 26" color monitors hooked up to state-of-the-art video equipment.

Whatever one's viewing habits, the impact of TV cannot be ignored. Cultural phenomena have emanated from that glowing box. TV is a window on the world.

Whether you favor primetime soaps like "Dynasty" and "Dallas;" sophisticated comedy like "Moonlighting" and "Cheers;" or gritty dramas like "Miami Vice" and "Hill Street Blues," TV's undeniable influence is pervasive.

Trends in clothing styles, pop slang phrases, hit songs — all have originated from Nielsen winners.

Here are a few TV phenoms of the not-so-distant past.

Remember when every adolescent was running around spouting "nanu nanu" a la Mork from Ork?

Henry Winkler's Fonz on "Happy Days" inspired kids to don the '50's look of T-shirts and leather jackets.

TV show theme songs have dotted the Top 40 charts from "77 Sunset Strip" to the theme from "Miami Vice." Other hit singles have come from "Welcome Back, Kotter," "Hawaii Five-O," "The Rockford Files," and "The Greatest American Hero."

And who can forget hearing every teenage girl crooning "Kookie, Kookie, Lend Me Your Comb?"

Ersatz coonskin caps made the Disney organization even richer when every kid in the '50's wanted to dress like Davy Crockett, "King of the Wild Frontier."

Mrs. Emma Peel of the British import "The Avengers" was one of the first "liberated" heroines on TV. Her black, cat burglar attire, adept karate attacks and sleek coif inspired trendy fashions in the 60's.

Another British show, "The Prisoner," became a cult "favourite" with its many fans wondering who was the elusive Number One?

A Masterpiece Theater offering, the 11-episode "Brideshead Revisited" inspired a resurgence of the Edwardian look in fashions with elegant suits for men and slinky dresses for women.

Currently, the glitzy "Dynasty" has popularized formal dress for men and women. Though most of us don't have many excuses to wear elegant cocktail dresses and tuxedos, a whole line of clothing has been marketed that promises the "Dynasty" fantasy can come true.

"Believe it or Not!"

JP



Anna Bowers of Errands Unlimited on a typical trip to the market.

Her Errand a Day Helps Keep Stress Away For Others

by Jana Pantazelos

When Anna Bowers was raising her three children and working full time for a title company, there was no errand service. "I would have given half my paycheck to have someone come along and help out with Saturday chores," she says now.

With her own experience in mind and the awareness that women working outside the home today is the norm rather than the exception, Bowers started "Errands Unlimited." The service she offers is doing the chores and running the errands that busy people leave to the last minute or sometimes neglect altogether.

For a reasonable \$10 an hour, Bowers will do a host of chores for her clients including grocery shopping, standing in line at the post office, picking up clothing at the cleaners or making a stop at the hardware store.

Bowers started the business in order "to be my own boss and to make money doing something for other people." Her first ad appeared in Pathways just before Mother's Day and she received a surprising number of calls from kids who wanted to give her service as a gift. One eight-year old boy phoned and said quite bluntly, "my mom is tired, what do you do?"

The word "errands" in her business name seems to be the thing that triggered the kids' interest. Every son and daughter dreads running around town "doing errands" with mom, and Bowers' service seemed the perfect way to give mom a break and avoid the in-and-out of the car routine that kids hate.

Bowers' first customer was a husband who clipped out the ad and gave it to his wife, saying "this is what you've been looking for." She also gets a lot of

business by word-of-mouth recommendations and through the efforts of her father who lives in Pleasanton and "is a walking advertisement" for his daughter's service. With a minimum order of one hour, Bowers has found grocery shopping to be the most widely requested errand. Customers give her a list with specific items and sizes indicated and Bowers does the rest. "With my regular customers, I get to know what they want and care about, and I also learn about new products from my customers. I never used avocados myself, but I've learned how to choose ripe ones since I've been buying them for one of my customers."

Some customers call on the spur of the moment but most hire Bowers for a specified day of the week. Her customers are mostly women at this point although one man hired her to tend his houseplants while he was gone on a business trip.

She agrees with the view that when women go to work outside the home, they take on a second job. The household duties don't go away, and despite the demands of their 9-5 jobs, most women still feel responsible for housework and running errands.

"Women I talk to say that my service sounds like a luxury, that it's for people who have money. But it's not a luxury. It gives them a chance to put up their feet and rest. If you're tired, it's a necessity."

Right now, Bowers service is a one-woman show, but she's looking forward to hiring a couple of assistants in the next few months. At this point in time, there's no one for Bowers to call to do her grocery shopping, so she needs to take a day off every now and again to run her own errands.

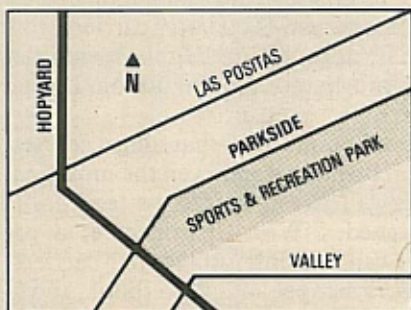
SPEECHES & ICE CREAM!

The Board of Directors of the Livermore/Amador Valley Transit Authority cordially invite you and your family to attend the ceremonies inaugurating the Valley's newest transit system, Wheels.

Sunday, June 29, 1986
11 a.m.-4 p.m.

Pleasanton Sports & Recreation Park
Hopyard & Parkside
Roads, Pleasanton

Lawn Seating



FREE LUNCH!

Hot Dogs
(provided by the Pleasanton Girls' Soccer Team)

Lady Lee Sodas
(courtesy of Lucky Stores)

Cragmont Sodas
(courtesy of Safeway Stores)

Granny Goose
Potato Chips

Dreyer's Grand
Ice Cream

Winchell's
Doughnuts

(Refreshments are first-come, first-served.)

FREE FAMILY ENTERTAINMENT!

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Gary Lapow,
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Annie the Clown
Face Painting by Sarah Tomato

Clowns

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Take Wheels
(call 455-5414 for route information)

FREE PARKING!

In lots 2 & 3 at the Park. Overflow parking at Hacienda Business Park's Associates Center.

Free shuttle bus provided to and from the party.

FREE GIFTS!

Buttons

Balloons

T-shirts (if you take Wheels to the party)

Route maps

WHEELS
THE WAY TO GET AROUND

Hurry 4 Days Left

Schoeber's Athletic Club presents

"The Making Of An Image"

Thursday, June 26, 1986 6:30 p.m.

4 Days Left

Image training will help you and your organization:

- Strengthen your customer relations
- Develop a positive attitude
- Raise your productivity
- Create a winning self-image
- Increase your profits
- Gain greater self-confidence
- Enhance your public image
- Discover a sense of well-being
- Improve your employee relations
- Achieve ego fulfillment
- Establish a corporate philosophy
- Think

Bobbie Gee's speeches are full of simple common sense ideas that produce dynamite results. Meeting planners have found that the ideas Bobbie plants yield many important benefits — both professional and personal — for their groups. Some of her speaking and/or consulting clients are Bank of America, ITT, Disneyland and many more.

Tickets: \$10⁰⁰ per person
Limited Seating
Refreshments to follow

SCHOEBER'S
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What's Cooking With Walter?

To simply call Walter Frey a chef is not enough. Walter has worked for prestigious hotel chains, cooked for princes and presidents and created recipes for restaurants of reknown.

For the past five years, Walter has been Executive Chef at Castlewood Country Club. There, he manages a kitchen staff of 15; handles all purchasing, scheduling and accounting; and plans the menu for daily service and special banquets.

The large Castlewood kitchen is filled with gleaming stainless steel stoves and ovens. Thousands of plates, glasses and pieces of flatware are stacked in shelves and cupboards in readiness for the hundreds of members who dine daily at the club.

All of this is familiar and comfortable territory for Walter. His family has always been in the hotel and food business in his native Switzerland. As a young man in the late '40's, Walter was working for his Swiss Hotel Director's diploma. Part of the requirements for the diploma were three years of experience outside of Switzerland. Walter headed for America and in 1950 was working in the world famous Waldorf-Astoria hotel in New York City.

Since then, Walter has worked for the Hilton Hotels, was a chef at Sheraton

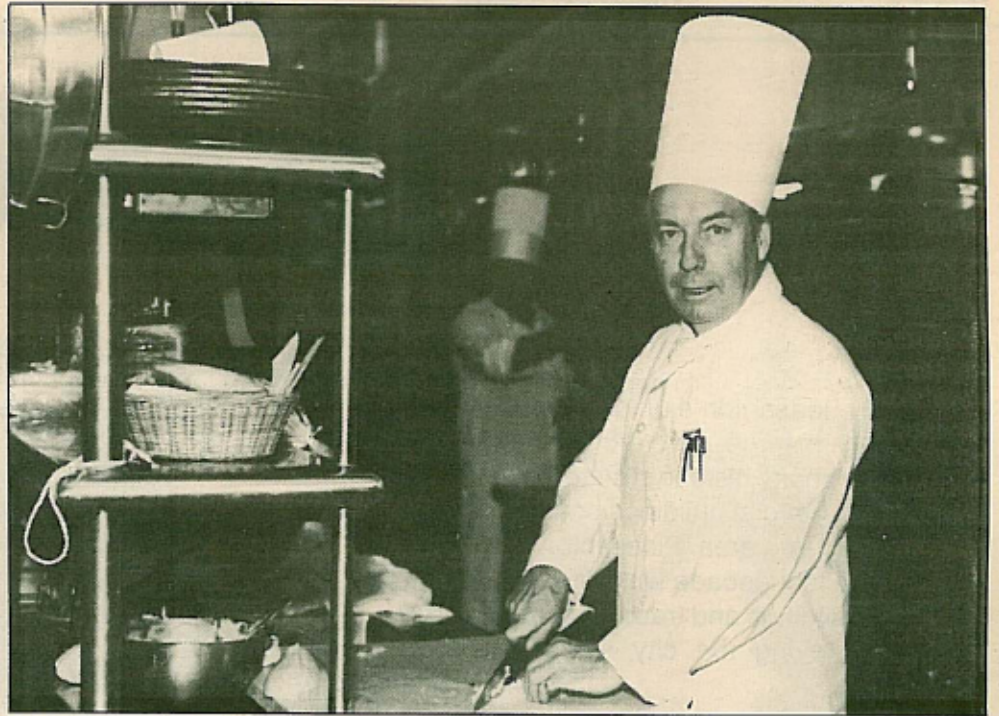
hotels, and worked with Vic Bergeron of the famous Trader Vic's for seven years as Vice President and Food Director.

His personal philosophy and his approach to food preparation are much the same, "if you stay busy, you can eat almost anything in moderation. People have weight problems because they eat too much of the same thing over and over. Our bodies are complex and need many nutrients. Whole grains and fresh fruits and vegetables are important."

People often comment that Walter doesn't look like a chef because he doesn't fit the usual image of the rotund gentleman in the tall white chef's hat. But he says he eats just about whatever he wants, but always in moderation.

Walter's experiences are so numerous and colorful that Pathways will be chronicling his travels and recipes throughout the summer. Each recipe will be accompanied by a bit of Walter's history and the background and source of each recipe.

The Walter Frey recipe featured here is a California favorite, Guacamole. Walter developed this recipe for Vic Bergeron's new *Senor Pico's* restaurant in Century City in Los Angeles during the 1970's.



Walter Frey of Castlewood, Pathways' featured summer chef.

Guacamole

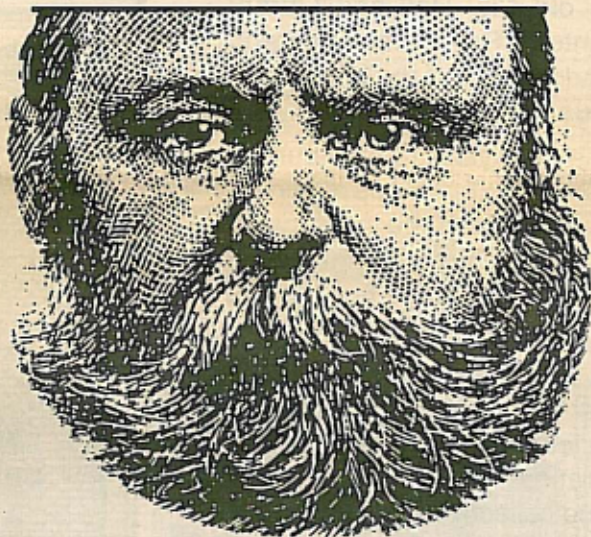
8 medium ripe California avocados
3 tomatoes, peeled, seeded and diced
1/2 medium onion, finely chopped
1/2 c. French dressing

1 T. Ortega chiles, finely chopped
3 dashes Tabasco sauce
juice of 2 limes
garlic powder, salt and pepper to taste

Cut, peel and remove pit from avocado. Place in a mixing bowl, break with a fork, stir with wire whip until avocado is almost smooth, but still shows some small chunks. Add all other ingredients and mix well. Makes approximately one quart.

*Here's a tip for keeping your guacamole from discoloring. Place one of two of the pits in the guacamole until ready to serve.

Heritage Days



Beard and Mustache Contest

Throw away your Norelco! Get rid of your Gillette!

The Heritage Days Beard and Mustache Contest is back!

Just when you thought clean-cut was in again, and you finally figured out how to avoid those bloody nicks and scrapes, the Heritage Days organizers want you to get hairy again.

Competition officially begins on July 1. To be eligible to compete, you must be clean-shaven prior to registration. This

means that entrants with existing beards and mustaches must shave them off prior to registration.

Judging of all beard and mustache entries will take place on Thursday, September 18 at the Chamber Mixer, Community First National Bank, 749 Main Street.

To pick up an entry form and learn more of the contest, phone Gary Malaspina or Joe Shurko, 846-2179 or 846-3927.

Valley Camera Club Meets

The monthly meeting for competition and commentary by the Valley Camera Club will be held on Monday, July 7 at 7:30 p.m.

The bi-monthly competition in phototravel and photojournalism slides will also take place.

Guests are invited to visit and learn

how to improve photographs in the darkroom or by remounting slides.

Meetings are held the first Monday of each month at Homestead Savings, 999 E. Stanley Blvd. in Livermore.

Phone Jim Niday, 846-4160 or Bill Brooks, 455-6694, for further information.



Richard Cheng, Honor Graduate - Foothill High School

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PLEASANTON

: A Do

Pleasanton's unique personality is in large part attributable to the many historic structures and commercial buildings concentrated in the downtown area. Pleasanton has grown over the last decade with impressive new office buildings and tracts of contemporary homes giving the city a vigorous new identity.

But, at the same time, newcomers and oldtimers alike, have taken great pride in the charm and character that turn-of-the-century structures lend to the city.

Some business park developers have shown their appreciation of Pleasanton's history as well. Callahan-Pentz has invested in both the city's future and its past with its development of Hacienda Business Park and its downtown redevelopment project of the old Arendt Building at 450 Main Street.

Work on the project is almost complete now that spring rains have ended and several tenants are ready for their grand openings. Driving down Main Street, one is struck by the impressive new brick additions which were sandblasted to blend with the original brick facade. Large storefront style windows will face Main St. and Neal St. where retail tenants will occupy the downstairs units. Traditional double-sash windows front the offices on the second story.

Connecting with the renovated and rebuilt Callahan-Pentz project is Clyde Vaughn's 400 Main St. project. Vaughn is a Pleasanton resident who bought the Main St. property in the late '70's with the goal of constructing a "first class building in keeping with the old downtown flavor."

Designer-builder David Powels was inspired by the style of the Kolln Hardware building. An eight-sided, domed and shingled cupola similar to Kolln's is already in place on the corner of Main and Angela. The building will be painted an almond color with contrasting trim and will be completed by mid-July.

There are other downtown projects, big and small, that reflect downtown pride in Pleasanton's unique mix of old and new. The small Mission Revival style gas station at Main and St. Mary recently received a fresh coat of paint and Gene's Flooring just completed an annex on St. Mary St. which successfully captures the flavor of turn-of-the-century store-fronts.

The **Pleasanton Hotel**, probably the most familiar and widely recognized Pleasanton landmark, is currently undergoing extensive renovation. Originally called the Farmer's Hotel, the first structure was built in 1851 by John W. Kottinger. A fire in 1898 and another in 1915 destroyed the original building. The present structure was rebuilt in 1915 in the Italianate style to resemble the original 1851 hotel.

The current renovation project will replace the roof and refurbish and redecorate the upstairs rooms which have been closed off and unused for many years. They will be opened and leased as offices for small local businesses.



Kottinger Barn now houses an antiques collective.

Located at 603 Main St., the old City Hall and Library building also served as Pleasanton's Police Headquarters. It is now the sparkling new headquarters of the **Livermore Amador Valley Historical Museum**.

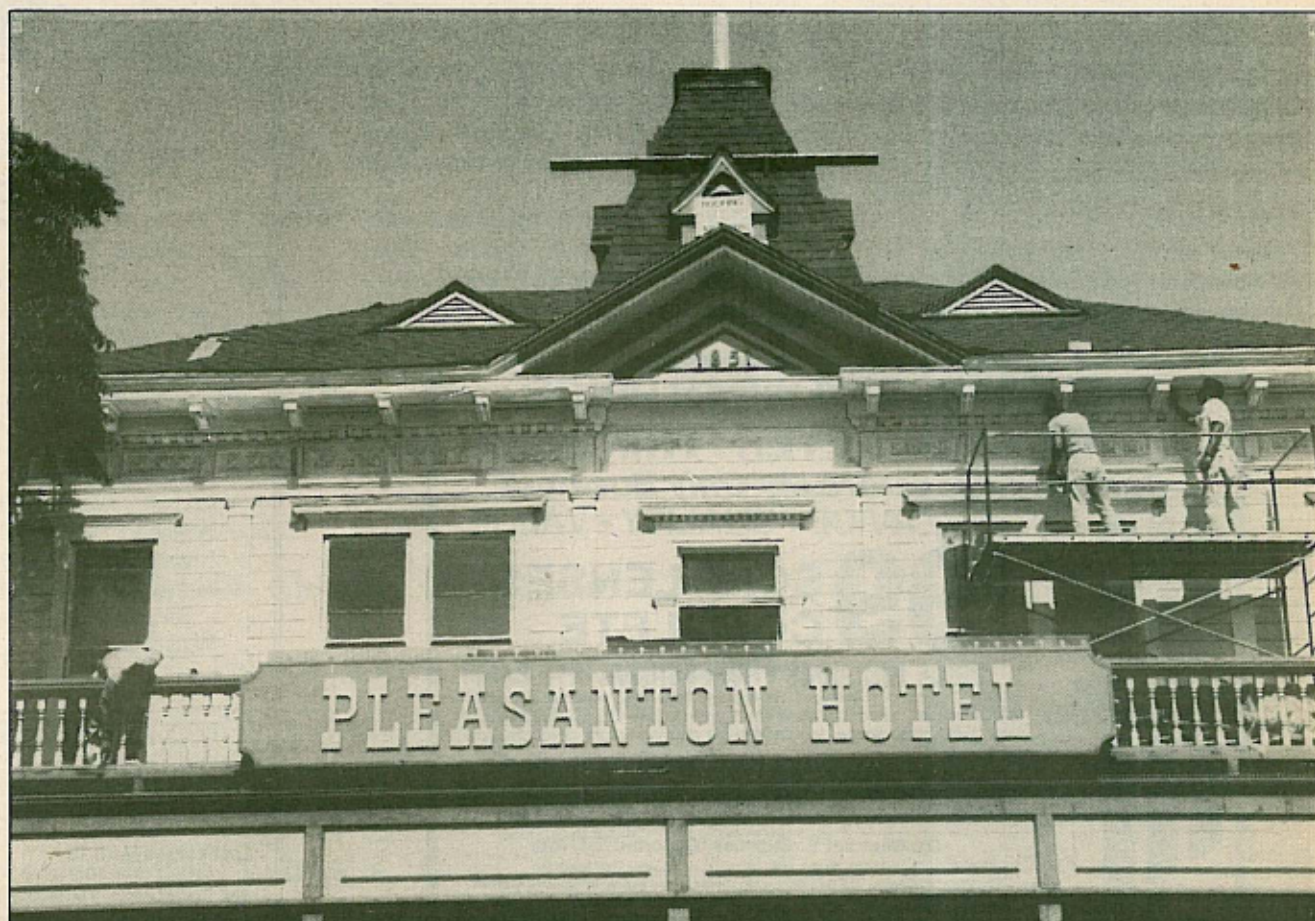
This building is neo-Spanish Colonial in style and was built in 1914. With its renovation for museum use, the exterior was repainted in traditional beige with white and tan accents and the interior was refurbished and repainted for exhibition use. Open Wednesdays-Saturdays, 1-4 p.m., the museum shows a variety of historic objects and contemporary art works.

Kottinger Barn, located at 200 Ray St., was built in the 1850's and was recently placed on the national register of historic places. To qualify for the national register, three fourths of the barn's original structure was preserved during restoration.

Kottinger Barn now houses an antique collective, but started out as an adobe barn and later served as a jail when John Kottinger was Justice of the Peace for Murray Township. The original iron bars from the jail can be seen in the window openings.



Artist's rendering of the reconstruction.



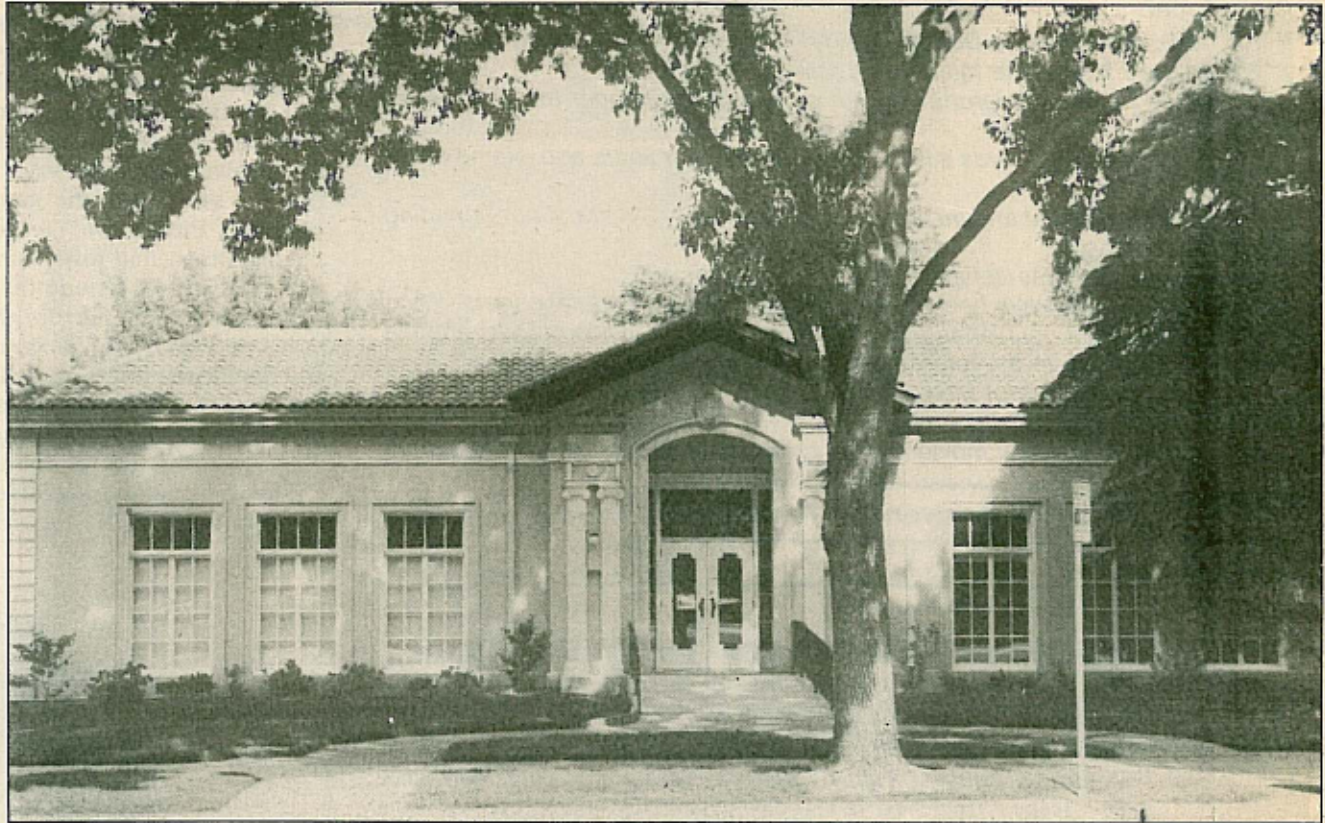
The Pleasanton Hotel, currently undergoing extensive renovation.

Downtown Renaissance

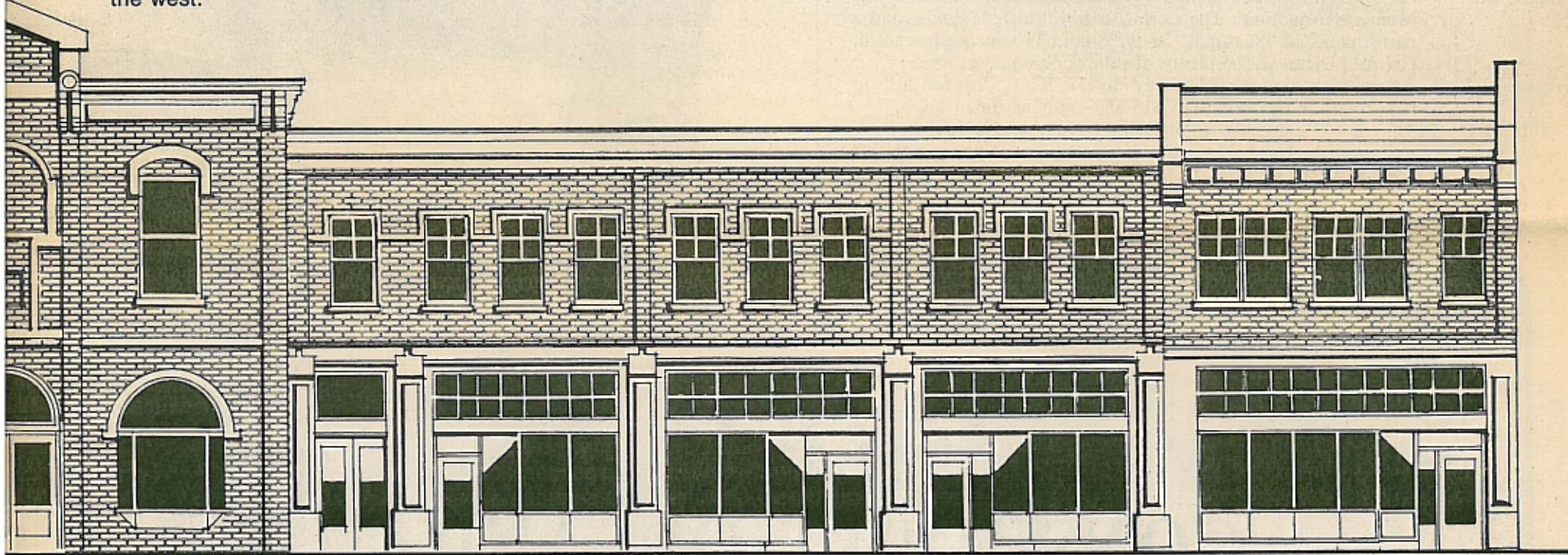
The **Johnston Building** located at 465 Main St. across the street from the 450 Main project, was built in 1896 and is currently occupied by Kennedy Business Machines. It is an excellent example of a 19th century commercial building. The facade is a three-bay, pedimented design with second-story Palladian windows.

The building received extensive renovation in the '70's. The exterior was sandblasted, cement floors were put in and the brick skeleton was reinforced with steel beams. It was considered to be one of the most luxurious downtown buildings in its day and still creates quite an impression on Main Street visitors.

Kolln Hardware, located at 600 Main St., is as much a symbol of the downtown business district as any other building. It was built in 1896 and has served as a hardware store since that date. Its large corner cupola, combined with the downtown arch, welcome visitors entering downtown from the west.



The Spanish Colonial style Historical Museum at Main & Division.



Arendt Building at 450 Main St.

Not of the turn-of-the-century era, nor a building, the **Pleasanton Sign** arching over Main Street is nonetheless, one of the most significant historic structures in town. Built in 1932, it was the first neon sign in the city. It also served as the city's police communications system when it alerted the Police Chief with its flashing lights and horn. Probably the most photographed and reproduced landmark in Pleasanton, the sign serves as a gateway to downtown.

According to design associates involved in the planning of Hacienda Business Park, the arch which dramatically spans the entrance to the business park was inspired by Pleasanton's famous downtown sign. Both serve as symbolic entries to two vital and important areas and represent the traditions of the past and the excitement of the future.

Jana Pantazelos



Kolln Hardware, a downtown commercial landmark.

a bit of trivia a bit of trivia

by Ben Fernandez

The female face we will be seeing on the screen more than Joan Collins over the next ten days will be the lady standing in New York Harbor. With 4th of July slated to be especially festive this year, let's talk about Independence Day.

1. Who was the "Yankee Doodle Dandy" born on the 4th of July?
2. Who played him in the famous movie?
3. Who once hit five homeruns in a 4th of July doubleheader for St. Louis at Ebbet's Field?
4. "Independence Day" was a little seen movie of four years ago. Name either of the stars.
5. A Broadway musical and movie were made in the '70's about our Founding Fathers. What was it?
6. Who played Thomas Jefferson in the movie version?
7. 4th of July has always been famous for its baseball doubleheaders. What was distinctive about doubleheaders played between the Oakland Oaks and the San Francisco Seals in the late 1940's?
8. Who built the Statue of Liberty?
9. From which country was it a gift?
10. What Alfred Hitchcock movie had its conclusion on the Statue of Liberty?

★ Answers On Page 9 ★

VIP's Summer and Fall Travel Plans

The VIPs of Pleasanton have a full summer of travel plans in California and Nevada; and a grand trip to the South Pacific scheduled in October.

- July 27 A visit to the West Valley Theater in Saratoga for a performance of "Irene." Included in the day's theatrical adventure will be a lunch at La Hacienda in Los Gatos.
- August 7-8 An overnight trip to the Mission Inn in Carmel and a tour of the Monterey Aquarium. The Carmel trip will include dinner and a performance of "Gaslight" at the Studio Theater Restaurant in Carmel. There will be plenty of time for shopping, too.
- August 27-28 An overnight stay at the Holiday Hotel in Reno. Cost for this trip is \$42 with a cash rebate of \$18 and coupons for meals.
- October 1-12 The trip of a lifetime to Tahiti including four days in a deluxe hotel in Papeete and eight days aboard the "Liberte" docking in five ports. The last day to sign up for this trip is July 1.

For further information on any of these VIP excursions, call Eleanor McKay at 846-5853.

On Sale During Heritage Days

Pleasanton Becomes A Game

In case there was any doubt, Pleasanton has arrived! Not only does it have a vital historic downtown, a thriving business community and its own regional shopping mall; it now has its own board game.

You know, like Monopoly, "pass Go and collect \$200." Only instead of the Reading Railroad and Marvin Gardens, the squares of the "Game of Pleasanton" will be filled with the names of well-known local businesses and personalities. Downtown merchants were approached first so as to give the game a special "heart of Pleasanton" feeling. Some of the merchants and town luminaries who will be featured include the Pleasanton Hotel, the Cheese Factory, Meadowlark Drive-in Dairy, Mayor Frank Brandes and the Pleasanton Bakery. The object of the game is to try to buy Pleasanton properties using your business acumen combined with the luck of the dice.

The game will be available later in the summer and will be sold by the

Pleasanton-Livermore Junior Women's Club at Pleasanton's Heritage Days celebration in September. The price of the game will be approximately \$12. The Junior Women hope to sell 900 games and net close to \$11,000.

The proceeds from the sales will benefit several local charitable organizations including the Valley Community Health Center, the Make-a-Wish Foundation and Good Citizenship for Youth, a pilot program being organized by the Junior Women in conjunction with the Pleasanton Police Department.

The 30 spaces on the game board were purchased by the various businesses and local figures for \$150-325 each and these proceeds plus a copyright fee were paid to Michael Glenn Productions which designs and produces the game package for various communities.

So, here's something to look forward to for those cool winter evenings ahead. Curl up in front of the fire and pretend you're a Pleasanton wheeler dealer!



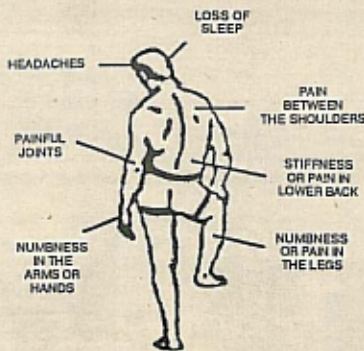
Shown with a sample Game of Pleasanton are Carol Abbitt and Dana Herman.



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Outstanding Work Experience students are shown here with program coordinator Charlotte Curtis. (l-r) Glenn Southern, Curtis, Ingo Kusterman, Andrea Morris, Rochelle Hayes, Rob Gutierrez and Chris Peeters.

Career Counseling

Experience in the Real Work World

Each year over 200 high school students combine class work with outside jobs to match their skills and gain experience in the real work world.

The high school district's Work Experience program provides approved jobs and career counselling to juniors and seniors at Amador and Foothill high schools. The program is designed for students to be able to continue their regular class load and to go out and work. The day for a Work Experience student usually combines four or five periods of classes and an afternoon of work in retail, clerical or technical jobs.

Charlotte Curtis is the Work Experience Coordinator at Foothill High School and oversees the program for over one hundred students. Her job includes reviewing and approving jobs and work sites, meeting with employers, career counselling the students, record keeping and teaching one class a week.

Curtis says the students in the program are both career-bound and college-bound. The students planning to go to college participate in the program to give themselves a preview of the careers they plan to pursue. One third of the students are in retail jobs, both sales and management positions. Other work areas favored by the work experience students are office and clerical and positions as medical

technicians.

Another component of the Work Experience program is field trips. Last month, the 200 Work Experience students made weekly visits to Hacienda Business Park to meet with representatives from Crum and Forster and the Career Network.

In sessions held in the Chabot Community Room, presentations were made to the students on job seeking skills, interviewing, resume writing and interpersonal skills by Ron Hernbroth and Bonnie Nichols of Crum and Forster and Sylvia Johnson of Career Network. They also gave the students an overview of the current employment scene in Pleasanton.

Business growth in Pleasanton has provided a wider range of jobs for the students; and in the four years she has been program coordinator, Curtis has seen an upgrading in the positions and the salary the students are receiving. It has also made her job busier, trying to make contact with the many new employers, but it means greater opportunities for her students.

The program continues, though on a reduced scale, throughout the summer. Students or employers interested in participating in the Work Experience program should phone summer Coordinator, Genny Underwood, at 462-1615 x54.

TRIVIA ANSWERS

- | | |
|-------------------------------------|---|
| 1. George M. Cohan | 7. The first game was played in the morning in one city, then an afternoon game was played across the bridge in the other city. |
| 2. James Cagney | 8. Giuseppe Bartholdi |
| 3. Stan Musial | 9. France |
| 4. David Keith and Kathleen Quinlan | 10. "Saboteur" |
| 5. "1776" | |
| 6. Ken Howard | |

COMMUNITY CALENDAR

- | | |
|-------------------|---|
| Tuesday, June 24 | CPR (Cardio-pulmonary resuscitation) class, 1-5 p.m., Amador Valley Savings and Loan, 5698 Stoneridge Dr. For reservations, call 460-0611. |
| Monday, June 30 | "Kid's Day" Alameda County Fair, 10 a.m. to 5 p.m. Free admission for kids 15 years and under. Special events: 1 p.m. Whistling Contest; 3 p.m. Bubble Gum Contest; 3:30 p.m. Tackiest Tennis Shoe Contest; 4 p.m. Trivia Contest, Court of Four Seasons. |
| Friday, June 27 | Pleasanton Day at the Fair. For reservations and information, call 846-5858. |
| Tuesday, July 1 | Senior Citizen Day at the Fair. All seniors admitted free until 5 p.m. Special senior contests start at 12:40 p.m. Court of Four Seasons. |
| Wednesday, July 2 | Newcomers Luncheon, Pleasanton Hilton. Guest speaker, City Manager Jim Walker. For reservations and information, phone Sue at 486-7873. |
| Friday, July 4 | ★ ★ ★ Independence Day! ★ ★ ★ |
| Sunday, July 6 | Junior Livestock Auction at the Fair. For further information, call 847-7612. |
| Monday, July 7 | Valley Camera Club, 7:30 p.m. Homestead Savings, 999 E. Stanley Blvd. For more information call Jim Niday, 846-4160, or Bill Brook, 455-6694. |

CLASSIFIEDS

For Sale

Toyota Corolla SR5 1982, A/C, new shocks, good condition. Must Sell! \$3200 or best offer. 484-4698 leave message.

O'Sullivan Stereo Cabinet. Walnut veneer w/smoke glass doors, piano lid, 4 component shelves, cassette & album storage. \$75.484-0258.

1975 Chevrolet Monza. 2-door coupe, 4 speed, air and AM/FM. \$350. 463-0280.

Golf Clubs. Matched set Hogan 2 through 9 irons and 1,2,3 woods. MacGregor wedge and Daisy putter. \$125. 846-3097 afternoons.

1965 Dodge Polara. Lots of chrome. Good visibility, engine and body are in good condition. Everything works. \$450/bo. Call Eric, 463-0660 (weekdays).

Positions Available

Project Management Coordinator. Responsibilities will include Workshop, consultant and Board Bank coordination and fundraising. Report to Executive Director, Valley Volunteer Center. 20 hrs./week. Application deadline, July 3. 462-3570.

Part-time Newspaper deliverer. Second and fourth Monday of each month. \$5/hr. Call 463-2750 for further information.



Wayside Park, site of Pleasanton's Summer Concert Series.

Fourth Annual

Summer Concerts in the Park

The fourth annual Summer Concert Series is underway. "Fridays in the Park" is a series of free public music programs sponsored by the Pleasanton Downtown Association. The concerts are held in Wayside Park, First and Neal Streets, in the Henderson Band Stand.

The music presented throughout the summer represents a wide range of pop, rock and traditional to please all musical tastes.

Here is the schedule of concerts, all start at 7 p.m.

- | | |
|--------------|--|
| June 27 | Pleasanton Community Band |
| July 11 | Ecumenical Brass, light classical & show tunes |
| July 18 | Whiskey and Lace, country-western |
| July 25 | Ron Archer, Jr. & Lori Creegan, easy listening |
| August 1 | Tommy and the 4-Speeds, '50's & '60's rock 'n' roll |
| August 8 | Shirley Rogers and Company, pop music |
| August 15 | Seagram 7, pop music over the years |
| August 22 | David Davelaar w/ Marie Cochran Studio, accent on youth |
| August 29 | Stony Ridge Ramblers, Dixieland jazz |
| September 5 | Pleasanton Community Band |
| September 12 | The Chuck Eras Band and The Illusions, big band sound |
| September 19 | Tommy and the 4-Speeds and special contests and prizes (Sept. 12 & 19 are special Heritage Days concerts.) |

Concert go-ers are invited to bring picnic suppers, blankets or lawn chairs, but no alcoholic beverages. City ordinances prohibit alcohol consumption in the park.



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“Doonesbury” Comes to Chabot College

The Drama Division of Chabot College, Valley Campus announced the Bay Area premiere of “Doonesbury, the Musical.”

Auditions for the production are one day only, Monday, June 30 at 8:30 a.m.

The Chabot production will be directed and choreographed by Jerianne Warren. Rehearsals will be held daily from 8 a.m. until noon. The premiere will take place on Friday, August 1 and will run two consecutive weekends.

“Doonesbury” is a unique and widely popular cartoon strip which has captured the attitudes of a generation. Now the Valley can see the characters of this popular cartoon come to life.

This special event is run in conjunction with the college’s summer session and high school students are invited to join.

For further information, phone 455-5300.

RFD’s Unique New Program For Parents

“Parents of School Age Children” is the name and subject of a unique new program offered by Resources for Family Development, Inc.

Current statistics indicate that 70% of women between the ages of 25 and 40 work outside the home; and there has been no corresponding drop in male employment. This means that this generation of parents faces significant changes and new issues in their approach to family life and their parental role.

According to Nancy Beltz, program coordinator, “The attempt to balance all

Pinocchio to be Grand Marshall of Heritage Days Parade

Pleasanton’s annual Heritage Days celebration will begin on Saturday, September 13, with a parade down Main Street lead by Grand Marshall Pinocchio.

Co-sponsors of the parade are the City of Pleasanton, the Chamber of Commerce and Viacom Cablevision which made the arrangements with the Disney organization to bring Pinocchio to Pleasanton.

The theme for this year’s parade is “Thank You, Community.” Local residents, businesses, officials and city staff will all have a chance to sponsor a parade entry. There is no entry fee for parade entrants - just good old fashioned fun.

Complete the entry form below and return it by July 30 to parade chair, Ed Kinney, c/o Harris Real Estate, 6111 Johnson Ct. #110, Pleasanton. For further information, phone 463-9500.

NAME OF ORGANIZATION: _____

CONTACT PERSON: _____

ADDRESS: _____

PHONE#WORK: _____ HOME: _____

DESCRIPTION OF PARADE ENTRY _____

This applicant agrees to save and hold harmless from and defend the Pleasanton Chamber of Commerce, Viacom Cablevision, the City, members of the City Council and their agents, servants and employees, against any and all claims, costs, demands, causes of action, suits, losses, expenses or other detriment or liability arising from or out of acts or omissions of the sponsor, its agents, Heritage Days participants, or other persons in connection with proposed Heritage Days 1986.

SIGNATURE OF AUTHORIZED REPRESENTATIVE _____ DATE _____



factors in their lives puts incredible stress on both fathers and mothers and often results in a crisis management style which impacts both home and work.” The Parents of School Aged Children program is geared to help parents reduce stress and enhance their confidence in juggling their responsibilities in the work

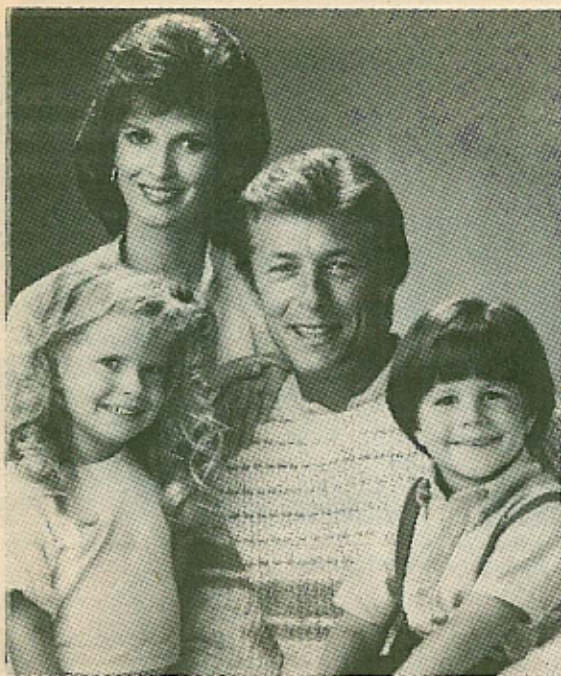
place and at home. Beginning in October, Resources for Family Development will offer this program to provide information and support to parents. The program will run 6-10 weeks.

Parents will get together in groups and will choose topics from a varied cur-

riculum including child development, guidance alternatives, building self-esteem, family relationships and parent development.

Parents who are interested in receiving further information on the program may contact Resources for Family Development at 455-5111.

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Athletes in State Track & Field Championship

The 1986 CIF Track and Field Championships were held June 6-7 at Cerritos College in Norwalk, California, and a contingent of local athletes competed in the prestigious State Championships.

Amador Valley High School's Dan Gabor and Jeff Ruckteschler qualified for the event in the 800 meter and 100 meter races respectively, while Foothill High's Michelle Cavellini and Denise Murphy qualified in the 800 meter and discus events. Cavellini also qualified for the meet with Foothill's 1600 meter relay team, which included Claudia Reyes, Nancy Dabney and Christina Gagnuss in addition to Cavellini.

The State Championships produce the cream of California's high school track and field competitors in one location, and provides a corresponding series of outstanding individual performances. In the face of such fine competition, it is an honor simply to qualify for the preliminary events, and an accomplish-

ment of major proportions to qualify for the finals held on the second day of competition.

Amador's Gabor clocked a personal best of 1:53.48 in the 800 meter event of the preliminary heats on Friday to qualify for the finals on Saturday. Gabor, a tower of strength and consistency for the Don track team all year, finished second in his qualifying heat.

Jeff Ruckteschler, the Dons fine sprinter, had a 11.48 time in the qualifying round of the 100 meter dash and finished in the ninth position. With Quincy Watts of Taft High blistering the track with a 10.61 clocking, Ruckteschler was unable to qualify for Saturday's finals with his effort.

Foothill's Murphy, whose dramatic improvement in the discus was a highlight of the Falcon season, got off a best effort in the qualifying round of 123 feet to finish 14th in a field of 27 entrants. Murphy, who achieved an outstanding personal best during the season of 134-1 in a league meet, thus did not qualify for the finals.

Michelle Cavellini, a Foothill stalwart all year, had a fine 2:19.73 clocking in her 800 meter event to finish seventh in her qualifying heat. The gutsy Falcon stayed close to the leaders in her heat for most of the race, but faltered in the final stages of the race and was unable to qualify for the Saturday finals.

Foothill's smooth relay foursome of Cavellini, Reyes, Dabney and Gagnuss produced an excellent 4:01.2 time in the 1600 meter relay event to finish in fifth position. They had a season best of 4:00.93 in the relay, but missed qualifying for the finals where Hawthorne High won with a spectacular time of 3:45.07 in the event.

In Saturday's finals, Gabor faced a



Foothill's Michelle Cavellini

substantial challenge as he took on the State's top runners in the 800 meters. The young Don rose to the challenge and raced to his second consecutive personal best in the event with a time of 1:52.63. Vincent Thompson of Locke High School in Los Angeles won the event, but had to produce the fastest time in the state this year to do so. With Gabor and several others hounding him, Thompson clocked a 1:50.25 for first place. Gabor, who finished seventh despite his outstanding time, got "boxed in" during the latter stages of the race, and was unable to get his "kick" going to challenge for the lead.

Both Amador and Foothill High Schools should be proud of the fine performances these local athletes produced under the most competitive of circumstances. Long hours of practice under the watchful eyes of their respective coaches resulted in outstanding seasons for each of these prepsters. And to perform so well in the CIF State Championships is an accomplishment each athlete will long remember.

Shapedown Program For Teens

"Shapedown" is an innovative weight management program for teenagers. The 6-week program is being offered by Sportcare, a fitness medicine clinic located in the Amador Valley Athletic Club on Johnson Drive.

The program is designed for overweight teenagers and has three major goals: to provide an intensive behavioral program to change eating and exercise habits; to provide practice and supervision of exercise habits during a portion of each day; and to involve parents in the support of their child's habit changes.

"Shapedown" sessions will be held two days a week for three hours. The sessions will be coordinated by project director Chris Weahunt, R.D. and Greta Sholachman, MFCC.

Students will learn the basics of good nutrition rather than calorie counting. Teens will find their favorite form of aerobic exercise and much of the program is aimed at helping the participants like themselves better.

According to Weahunt, "when self esteem goes up, weight loss usually follows. Making successive, small changes to instill new habits helps young people slowly lose weight, and puts them on the road to becoming thinner and healthier adults."

There is growing concern about obesity among adolescents. Estimates show 15-30% of young adults are obese and it is believed that if these obese children do not slim down by the end of adolescence, the odds of their becoming obese adults are one in 28.

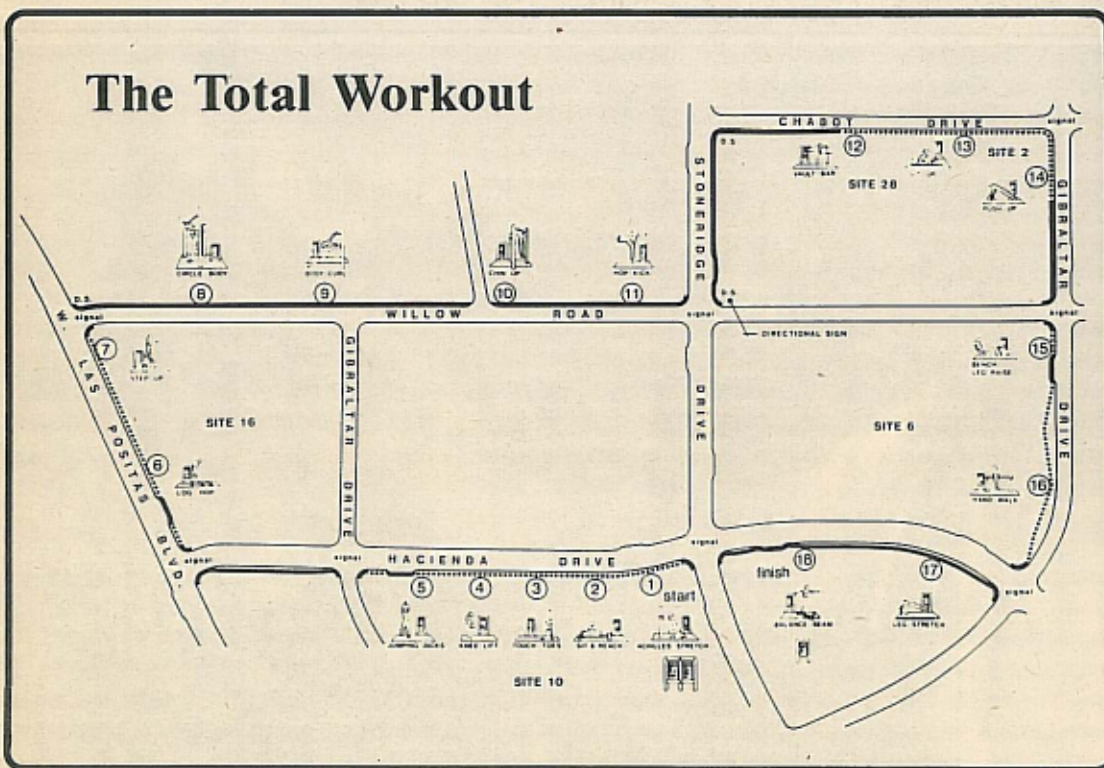
For more information on the Shapedown sessions, phone Weahunt at 463-3500.



Amador's Dan Gabor

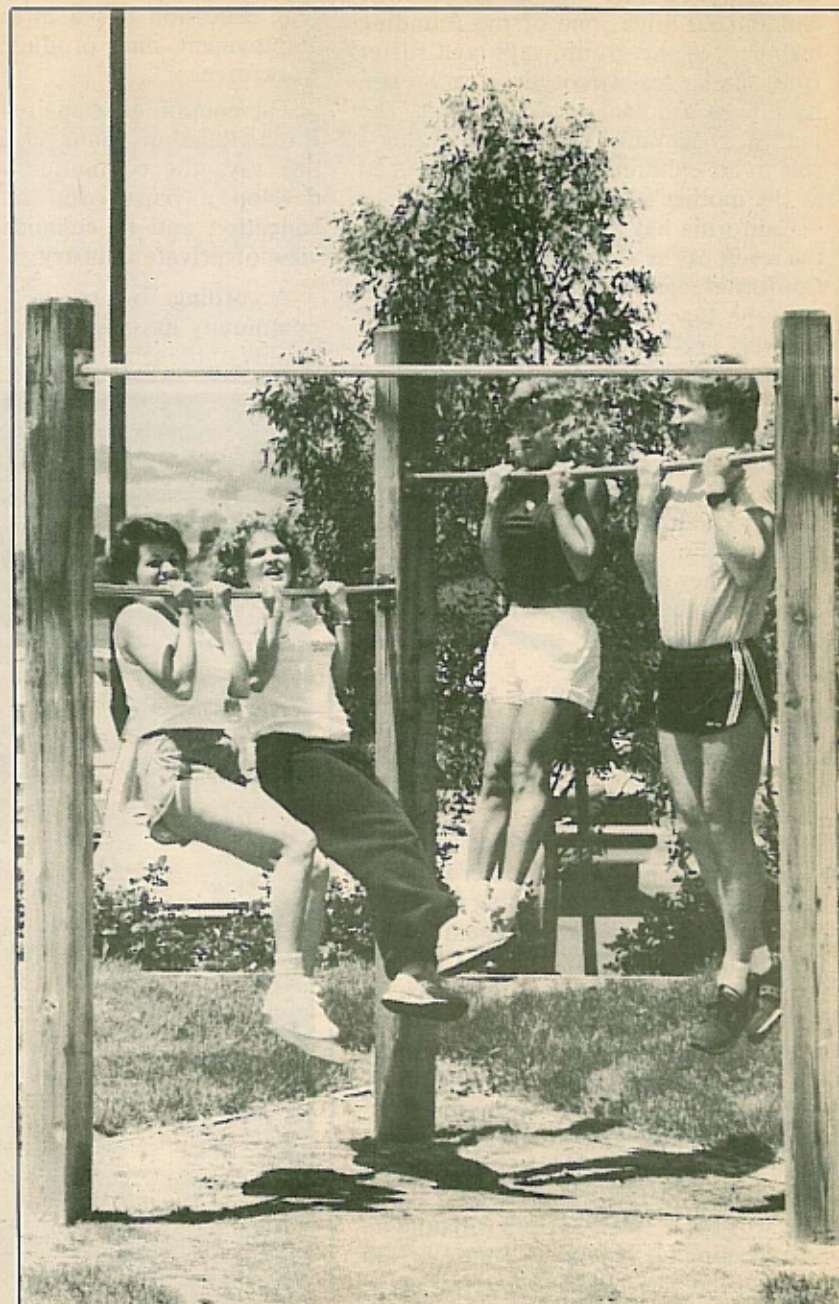
On Course For Fitness: Hacienda's Parcourse

The HBP Parcourse was designed by Bissell & Karn with warm weather fitness for park employees in mind. Beginning at Hacienda Drive, the 2.3 mile course features 18 exercise stations of varying degrees of difficulty. The founder of the Parcourse system is Peter Stocker, a San Francisco developer. The first Parcourse system was installed in Mountain Lake Park in San Francisco in 1973. Today, Parcourse has installed more than 3200 facilities in all 50 states and 20 foreign countries, with the highest concentration in the Bay Area.



HBP's Parcourse Stations

- | | | | |
|---------------------|----------------|---------------|---------------------|
| 1. Achilles Stretch | 6. Log Hop | 10. Chin-up | 15. Bench Leg-raise |
| 2. Sit and Reach | 7. Step-up | 11. Hop-kick | 16. Hand-walk |
| 3. Touch Toes | 8. Circle Body | 12. Vault Bar | 17. Leg-stretch |
| 4. Knee Lift | 9. Body Curl | 13. Sit-up | 18. Balance Beam |
| 5. Jumping Jacks | | 14. Push-up | |



Shown here on Hacienda Business Park's Parcourse are Cheryl DeBartolo, Joanne Wilson, Eve McElhenny and Jim Ogren all from Bissell & Karn. All residents are encouraged to add Hacienda's Parcourse to their fitness routine.

Summer Activities for All Ages

continued from page 1

and the city's name will loom on the Coliseum scoreboard. Phone the Rec Department, 847-8160 for ticket and transportation information.

PLEASANTON LIBRARY READING ROBOTS

The Pleasanton Library will have special programs for school-age children throughout the summer, including a summer reading game to win free tickets to the September 7 Oakland A's game.

Library programs will be: Storytelling on June 30, 1:30 p.m.; a Puppet Show on July 14, 1:30 p.m.; Films on July 21, 1:30 p.m.; a Surprise Program on July 28, 1:30 p.m.; and Scary Films on August 4, 1:30 p.m. Free tickets are required for all programs and are available one week in advance.

Films for pre-schoolers, running 30-45 minutes, are held each Friday at 10:30 a.m.

The library is also sponsoring a Newcott-Caldebery Contest for kids to write and illustrate their own books. Information and entry forms are available at the library. Books can be turned in until August 9.

The Pleasanton Library is located at 4333 Black Avenue, phone 462-3535.

CHABOT COLLEGE VALLEY CAMPUS

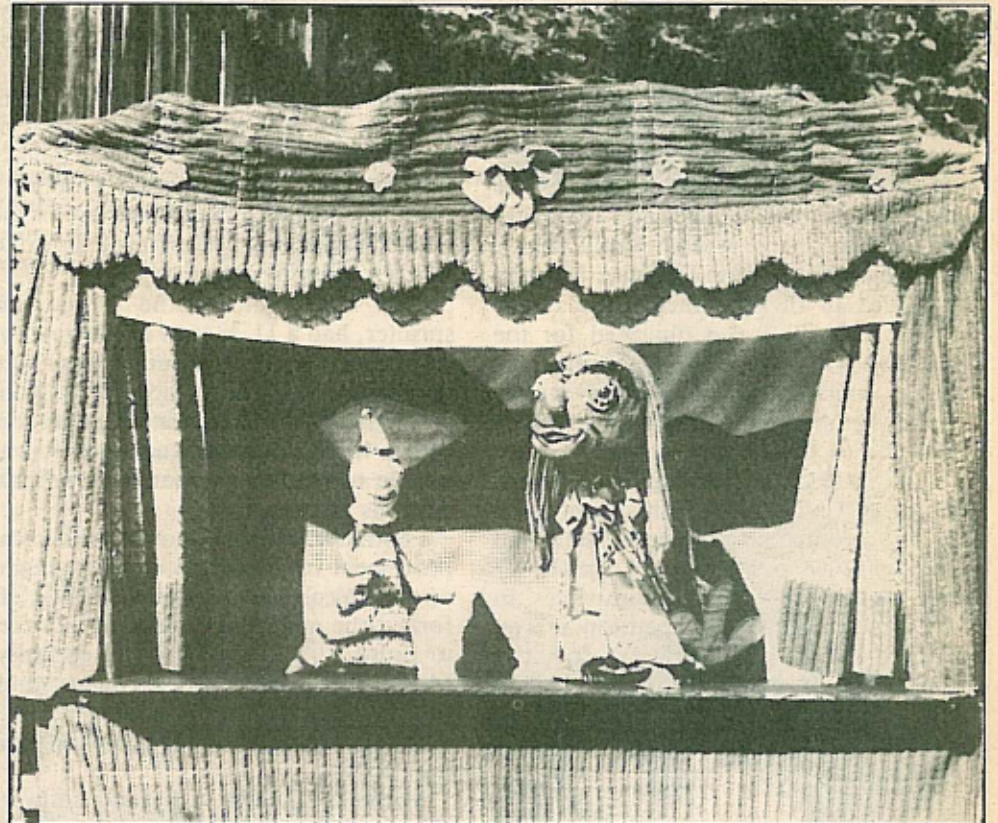
The Valley Campus of Chabot College will hold two three-week sessions and one six-week session beginning June 30. Class offerings include U.S. History, Drawing, Business Office Skills, Basic Personal Computer, Drama, Horticulture and Music Performance. Summer class schedules are available at the Pleasanton Library.

For further information, phone Chabot, 455-5300.

SHADOW CLIFF RECREATION AREA AND WATERSLIDE

Located at the east end of town on Stanley Blvd. is the ShadowCliff Recreation Area. The park is open daily from 7 a.m. to 9 p.m. There are beach areas, swimming in the man-made lake and a snack bar. Lifeguards are on duty 10 a.m. to 5 p.m.. Paddle boats rent for \$5 per hour with a \$10 deposit and fishing is available with a California license and a \$1.50 Shadow Cliff permit.

Adjacent to the recreation area is the Shadow Cliff Waterslide. The slides are open daily 10:30 a.m. to 5:30 p.m. through Labor Day weekend. Slide fees are \$3 per half hour and \$12 for an all-



Handmade puppets & stage will highlight performances in Livermore's Nissen Park and in Dublin's Shannon Park this summer.

day pass. There are picnic and barbecue areas, volleyball courts, changing rooms and lockers. Special group discounts and

arrangements for private parties after hours can be made by phoning 829-6230. Have a happy summer!

Kids Deserve Dad's Sharing

KiDDS, which stands for Kids Deserve Dads Sharing, is an organization set up to help divorced fathers get adequate or equal access to their children. The organization grew out of the group, Divorcing Fathers, which meets informally at the Lawrence Lab in Livermore.

The members of the group are working to help divorced fathers obtain their fair share of time and access to their children. Ed Silva, one of the founding members of the group, says men suffer from similar sex stereotypes that women have been saddled with over time. The judicial system does not view the father's role in his children's life to be as crucial as the mother's.

California has an important new law, the result of the Agnos bill passed by the California legislature in 1984, but Silva says the law is not strongly enforced. Lawyers and judges favor the mother's claims in most custody cases, according to Silva.

"We especially need to reach those in the judicial system about the positive aspects of granting men adequate access to their children, to end the exploitation of fathers as economic supporters of children they are blocked from seeing or who are turned away from them by hostile ex-spouses," says the KiDDS spokesman.

In the Valley, KiDDS has held several organizational meetings and has found about a dozen fathers experiencing the same frustration as the founding members of the group.

And the organization is not only for men. Donna Chato, a computer scientist at the lab, is another founding member. She also believes the legal system favors the mother's position. "Fathers are the largest oppressed group in our society. When we inhibit fathers from spending time with their children, we also oppress the children. The children are the losers and, in the end, society is the loser."

Fathers should know their legal rights, according to Silva, and a father should not be considered a part-time parent. Towards those ends, KiDDS will hold its next meeting on Thursday, June 19, 7:30 p.m. at the First Presbyterian Church, 2020 Fifth St. in Livermore.

For further information, phone 443-6579.

Unique Bond

Business/Education Work to Form Partnership

The Pleasanton Chamber of Commerce is sponsoring a unique bond between the business and education communities in support of public schools.

The Chamber's Business/Education Partnership Committee was formed in January. It brought together 32 professionals from the business and education communities who shared the conviction that education has a direct impact on employment and productivity of the workforce.

The committee is chaired by AT&T's Public Relations Manager, April Treece. She says the committee will work to develop a partnership in support of education and to enhance education's view of private industry.

According to Treece, "the business community has a legitimate stake in the quality of the school system. Tomorrow's

workforce is in today's classroom. Partnerships that we can create between the two sectors will only mean added resources for the public schools."

With this in mind, the Business/Education Partnership Project will focus on four major areas for 1986: teacher awareness; business volunteers in the classroom; recognition of student and teacher achievement; and facilitation of student employability and employment.

These major areas are being developed by four subcommittees chaired respectively by Tom Athenour, Bank of Pleasanton; Jerri Long, Amador/Pleasanton Public Schools; Mary Jane Dukellis, Dukellis Realty; and as co-chairs, Anna Faria, AT&T, and Don Seaver, Amador/Pleasanton Public Schools.

School Superintendent, Bill James, is

enthusiastic about the project. "An effort like this cannot be taken lightly. If we are going to compete in a global economy, and if public schools are to survive as we know them, then those who benefit from an excellent education system and those who provide it must recognize and formalize their mutual dependent relationship."

Treece concludes, "The growing link between business and education makes everyone more willing to share responsibility, create new ideas, and solve problems without pointing fingers. We become mutually responsive to each other."

Chamber members who are interested in becoming involved in the Project should contact the Chamber office, 846-5858.



DIAPER DERBY AT THE FAIR. On Saturday, June 28, baby boys and girls will crawl their hearts out along a gruelling twelve foot course in the Court of Four Seasons. The winners will be crowned Diaper King and Queen. Interested babes should show up by 11:30 a.m. to sign up.