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A Community Newspaper

PLEASANTON PATHWAYS

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Volume IV Issue XV

Pleasanton, California

August 11, 1986

Holding Monthly Meetings

School History Committee Working to Highlight the Past

What were the first public schools like in Pleasanton? How have they changed over the years?

A group of community members are seeking to answer those questions through their work on the newly formed School History Committee of Amador/Pleasanton Public Schools. And with committee members like Anthony Silva and Jim Georgis, their work should be fruitful.

Silva is a recently retired school district employee who came on board in 1948. He remembers when the district consisted solely of Amador High School, built in 1922 and from which he graduated. Georgis is a Pleasanton resident since 1920 and has made a fulltime hobby out of collecting and maintaining old Pleasanton artifacts and photographs.

The School History Committee was convened by La Vern Walker, purchasing manager for the school districts. The committee has outlined three projects to tackle over the coming year. First, a visual timeline will be created. The timeline will show all the schools, school board members and superintendents from the local districts' histories. Volunteers will be reviewing school board minutes from over the years to pull pertinent information.



The original school in town known in its day simply as Public School.

Photo courtesy Jim Georgis

Second, the committee will schedule and organize interviews with "most senior students" who still live in the area. Volunteer interviewers will work to obtain and compile first hand accounts of

old school days from these former students. The goal is to edit these interviews into a video tape.

The third component of the commit-

tee's efforts is coordinating the donations and loans of momentos from members of the community. The items will be handled with care by Ann Doss, Curator of
 continued on page 12

Hot Dogs and Accounting Make This Family Business Run

Lavor and Barbara Neuenswander are the owners of three Wienerschnitzel restaurants in the Bay Area with their newest at 5861 Gibraltar Dr. in Hacienda Business Park.

They opened their first store in Livermore in February, 1970. "The Livermore store is my baby," says Barbara. Her other babies, four daughters, have been an integral part of the business. The youngest Neuenswander girl was only seven at the time they opened the Livermore store and she was allowed to work in the back of the restaurant assisting with food preparation.

The two oldest daughters were looking for their first part time jobs and Barbara says, "we decided then that it would be nice to get into business for ourselves so that we could all work together."

Lavor Neuenswander has many years of accounting and business experience. Originally from Idaho, Lavor has an MBA from the University of Southern California and an accounting degree from Stanford. Lavor worked for the government for 25 years and the family lived in Washington D.C. for many years.

Two daughters have followed in his footsteps and have pursued careers in the accounting field. Gail is a CPA for the Pleasanton firm, Gielow & Lajala; and Sherri has a Master's degree in accounting and works for a firm in Walnut Creek.

Daughters Kathy and Diane work in the family business with Diane handling all the accounts for the three stores as well as managing the Livermore store with her

husband Rick. Kathy and her husband Randy are active in the operations of the second store in Milpitas.

The Wienerschnitzel store in HBP opened in October, 1985. Lavor heard about the park and contacted them about coming into the park two years ago. "I thought it would be a nice place to have a store."

The store on Gibraltar Drive is one of the newer, upscale models according to Lavor. "We have a more varied menu than the average fast food restaurant and we're the first Wienerschnitzel in the

country with a salad bar." The restaurant serves breakfast and is open seven days a week. Hours are Monday through Saturday, 7 a.m. to 9 p.m. and Sunday, 11 a.m. to 8 p.m.

Business was a little slower than initially expected, but things are "picking up each month and getting better all the time." The Neuenswanders look forward to new tenants and more workers in the park. They know that the good quality and variety offered in their restaurant will appeal to weight-conscious secretaries and busy managers. Stop in and say hello to this family that works together.



Barbara and Lavor Neuenswander of HBP's Wienerschnitzel.

Host Families for European and Asian Students Sought

Bob Snyder of Pleasanton is the Community Counselor for AYUSA International. AYUSA is an acronym for Academic Year in the U.S.A. and Snyder is actively recruiting families in the Tri-Valley area to serve as hosts to young students from Europe, Scandinavia and the Orient.

"One of the best ways to break down prejudice and the fear of the unknown is through education," says Snyder.

Students sharing American homes are given firsthand looks at our way of life and accepting a foreign child into one's home is the next best thing to being able to travel to their homeland. The family gets a look at the customs and traditions of a foreign country through the student.

Snyder is pleased at the response from local families in the past. Families have been enthusiastic about the program and have suggested many ideas and projects.

Snyder is currently looking for three families in the Tri-Valley area in order to complete the placement of his students. He has portfolios on each student and shares all of the information with each family he visits. "What we need are those families who have a desire to share their home and life with an exchange student."

All of the students are carefully screened in their homeland as well as in the U.S. Students have a command of the English language and are fully aware that they are a part of the family, not a guest. They are expected to join in the family and school activities as well as help out with family chores.

Families interested in this type of international experience are invited to contact Bob Snyder at 3741 Bairn Ct., Pleasanton or call him at 462-6539 or 829-4910.



His promotion required a family move to California. New job responsibilities took more and more of his time: early morning meetings, late night meetings, and business trips. Food on the run, drinks before and after dinner, and restaurant food began to demand frequent antacids.

"Causes of stress can be physical, emotional or mental."

Despite occasional golf and tennis, Treading was gaining weight. He lost interest in friends and had little time for his family. A new management team appeared to be blocking his way up the ladder. Even with his past successes, he began to feel like he was treading water.

His wife, Running Water, took care of their two children and ran the household. Although she never complained and was always upbeat around her husband, her life, too, had its troubles.

She had frequent headaches and her level of energy just wasn't what it used to be. Her non-stop days were spent in the triangle between her car, the washer and the telephone.

Although she tried to "think positive," early in the mornings she found herself crying for no reason. She felt she was losing control.

Their son, High Water, had never adapted to the move from Nebraska. His grades were slipping. He was more and more aloof. He spent a lot of time away from the house.

Sweet Water, the daughter, was too perfect. Always well-behaved, neat and ready to help her mother. In fact, for a girl of seven, she was too good to be true.

The next event in this fiction could be a visit to the emergency of the local hospital for Mr. Water with a rapid heart-beat and chest pains suggesting a heart attack.

Or it could be visits to the internist for Mrs. Water's headaches. The police might call about High Water. Or, many years later Sweet Water could be diagnosed with anorexia.

"Stress is a byproduct of lifestyle, of everyday choices we make about the things we do, think and feel."

This story presents only some of the patterns of stress that result in pain, health problems, disrupted family and work relationships. Not all stress patterns are this dramatic, but they all feel as bad.

Stress has many dimensions. Most of us would agree that major changes such as marital separation, divorce or death of a loved one cause stress. Even happy events such as marriage, birth, a new home or a promotion are known to be stressful.

"A sense of well-being awaits each of us."

Causes of stress can be physical, emotional or mental. Regardless of the origin,

stress has many physical effects.

Increases, sometimes dramatic, in the powerful hormone adrenaline, can speed up the heart and raise blood pressure as well as elevate blood sugar and change the breathing pattern. Neck, shoulder and back muscles become tight.

If stress continues, the immune system is weakened, making disease more likely. Emotional effects also take place. Strong and often exaggerated emotions are felt. Clear and effective communication becomes difficult. Worklife suffers as well. Productivity, attendance and creativity are diminished.

What can we do about stress?

Stress is a byproduct of lifestyle, of everyday choices we make about the things we do, think and feel. By taking a good look at our lifestyle, we can begin to be more aware of conditions that affect our level of stress.

"If stress continues, the immune system is weakened, making disease more likely."

For example, many people have made changes in diet and begun exercising to help reduce stress. We can learn to fine-tune other aspects of our lives as well.

Professional guidance can help us identify stressful patterns and discover healthy alternatives. A sense of well-being awaits each of us.

Further information pertaining to stress may be had by calling Herlihy at 846-8923.

On The Street

What do you do to escape the heat?



Susan Hilgers,
hair stylist

"I lay on an air mattress, drinking a cooler on Lake Shasta."

"I'm cool year round."

Jeff Smith,
retired



Stephanie Malatesta,
assist. trans. mgr.

"Sit by the pool and dream of the Bahama's."

Scott DeLaura,
security guard

"I go swimming anywhere there is water."



Barbara Cook,
graphic artist

"Take a trip to Alaska in my mind."

Kris Wagner,
receptionist

"I like to go for a ride in my brother's air conditioned truck. He doesn't live with us so it gives us a chance to talk."



Notes from Lilly's Pad

A well known organization here in town is popping its buttons with pride and rightly so. It has come a long, long way. And they are going to celebrate! The Pleasanton Chamber of Commerce will soon be taking in its 1,000 member!!! Now that is something to crow about!

At its Tuesday, August 26 luncheon beginning at 11:30 a.m. for networking and lunch at 12 noon sharp the Chamber is planning a special celebration. Plan to be there. The Chamber wants the presence of your company since you made it what it is today. Make your reservations by calling the office at 846-5858.

If you are not a member of the Chamber, come to this luncheon to meet some of the nicest business people you may ever meet and learn more about the organization. It's a warm, friendly group working to help the business people in the community.

If you are in business, the place to be is in Pleasanton.

The Chamber with its many programs and committees helps to make the business temperature of the city a good one.

Although you may not always be aware of what the Chamber is doing, it works for you - the business person - while you attend to your business.

Is it any wonder it has grown the way it has?

Its goals and objectives over the years have changed dramatically. The friendly, warm atmosphere remains but also grows and glows with many new personalities.

A few of the projects presently on the drawing board are: a master plan in conjunction with the Downtown Association and City for the improvement of Main Street.

Along with the City and local hotels, the Chamber is working to determine the feasibility of operating a non-profit Convention and Visitors Bureau.

Members of the Chamber and Government Affairs Committee met with the City to study the impact of a smoking ordinance on businesses.

For merchants unable to attend seminars, the Small Business Committee is working on a videotape covering crime prevention. The tapes will be available at the Chamber office and video stores for Chamber members.

A task force is constantly at work with the City in discussing the transportation ordinance.

On Tuesday, October 21 from 7:30 a.m. to 9 a.m. a personnel seminar will be held in the Community Room of Chabot Center.

The seminar will discuss changing policies and laws in the hiring, appraising, counseling and releasing of personnel.

Mixers, hosted by various businesses, and luncheons are held monthly to give business people an opportunity to meet, get acquainted with one another and perhaps even exchange services.

The list of activities goes on and on.

If you're not a part of this successful, moving organization, call the Chamber and join the thousand other members who find it the place to be!

See you at the luncheon celebration on the 26th!

Policies

The Publisher reserves the right to edit, revise or reject any releases, advertising or other materials submitted to the paper that do not meet the publishing standards of the Hacienda Business Park Owners' Association.

Pleasanton Pathways is a bi-monthly newspaper published by the Hacienda Business Park Owners' Association
4637 Chabot Drive, P.O. Box 38, Phone 463-2750

Jim Self - General Manager, Hacienda Business Parks Owners' Association
Lilly Ault - Editor, Pleasanton Pathways

Photographer - Lana Moschetti Writer - Jana Pantazelos Production - Barbara Cook

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Printed by
ALCOM Printing Co., Inc.
Pleasanton, Calif. 94566

Personality Profile

Taking Pictures is Just a Snap for Philis



Robert and Ardis Philis of Robert Thomas Photography.

Japanese Students Absorb Small Town Atmosphere

For three weeks this summer, 21 students from Japan spent their days fine tuning their English and soaking up Americana. The 15-year old girls are from Showa High School. They live in a small town about 30 miles from Tokyo.

For them, the busy weeks of study and travelling around the Bay Area were a real vacation. Local program coordinator, Maureen Gagliardi says that in Japan the girls go to school six days a week, from 9 a.m. to 4 p.m. So even the busy days in California have been a pleasant and exciting break.

The girls attended classes three mornings a week while here. The classes were taught by local teachers Joy Carr and Christine Jensen and were aimed at familiarizing the students with English and American history and culture.

On field trip days, the girls hit such favorite spots as the Oakland Coliseum for an A's game, the historic sights in Sacramento, a Bay Cruise, Pier 39, the water slides at Shadow Cliffs and a barbecue picnic on Mt. Diablo.

But with all this splendor and activity, what impressed the girls the most? "Ice cream," says Gagliardi. "What they enjoyed most was eating. They love ice cream, no matter what time of day. If you asked them if they were hungry, whether

eight in the morning or late at night, they'd ask for ice cream."

Food seemed to be the thing that had the greatest impact on the girls. "They were overwhelmed by the large portions of food," Gagliardi continues.

The girls were also amazed by the fashions and the freedom American teenagers appear to have in their dress style and activities. "In Japan, the girls can't wear nail polish or lipstick until they're 18," explains Gagliardi. "They love the American fashions and were buying like crazy."

The three-week program was sponsored by INTRAX, a San Francisco based international training and exchange program and Gagliardi is the coordinator for Pleasanton. She spent each day with the students and loved every minute of it.

Pleasanton was chosen because of its friendliness and small town atmosphere. Some of the host families had travelled to Japan and especially enjoyed having the girls stay with them.

"The reception has been outstanding," says Gagliardi. "On the first night the Mayor came by for the Welcome Party and the girls considered it a high honor. I know they'll go back home and tell all their friends about it."



Cooling off at the waterslides for visiting Japanese students.

Robert Philis came to photography in a casual sort of way. He took a few photography classes in high school and took pictures for the school paper at Hayward High. When he was in the service in the late '50's and early '60's, he tried to incorporate using his camera in his special services work which encompassed planning recreational activities for enlisted men.

But it wasn't until he was out of the service that he took some correspondence courses and decided to try freelancing. He really liked the work and wanted to try to make a go of it.

In 1966 he and his brother Thomas took over the old Boardman studio on Spring Street and started the long standing Pleasanton business, Robert Thomas Photography. The name of the business comes from the brothers' first names, but people to this day are always asking Philis, "where is Mr. Thomas?"

Philis moved to Pleasanton from Hayward 15 years ago. He says he can't remember a stop light in town in those days when only 6000 or so people lived here.

He does remember the first four or five years in business; things were tough. "But I hung in there because I loved what I was in. I basically deal with people. I get involved with the families, parents, and brides. We take things step by step together. When a wedding is over, the dresses are put away, the cake is eaten, but they still have my portraits to remember that day."

Over the years, Philis has been part of many joyous celebrations in the lives of

Pleasantonites. He shoots weddings, graduations, christenings and portraits for all occasions. And he has photographed many prominent local figures and community leaders.

He remembers photographing Walter Johnson when Johnson was well into his nineties. He was photographed astride his horse, Shoshone, and Philis still has the portrait in his collection.

In 1979, Philis and his wife Ardis bought the building at 520 Main Street where his studio is now located. The structure was almost entirely gutted and the Philis' had to practically start from scratch in restoring the building. The building was built in 1862 and the Philis' wanted to retain its Victorian feeling.

They were inspired by the architecture of the Pleasanton Hotel and added the overhang and boardwalk at the front of their building with the porch and overhang of the Hotel in mind.

Ardis designed the custom-made double doors with their distinctive oval bevelled windows. The doors open into a turn-of-the-century style parlor reception area where customers discuss their photography plans with Philis.

As Philis put one arm around his wife and the other around the column that flanks the boardwalk entrance to his business, he said, "this is my baby... and this is my baby."

When asked about his decision to stay downtown, he answered, "I wouldn't have bought this building if I wasn't committed to a better downtown area and to serving my customers."

Hots

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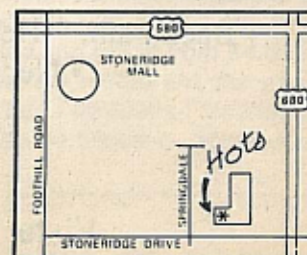
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Serendipity

Quick, Name the Great Lakes!

The acronym HOMES is the trick to naming the five Great Lakes. Huron, Ontario, Michigan, Erie, Superior.

Here are some GREAT facts about the GREAT Lakes.

The five lakes comprise the greatest reserve of fresh water in the world. 95,170 square miles, 65 trillion gallons, 5500 cubic miles. Anyway you count it, they're great!

In geological terms, the Great Lakes are young. As late as 6000 years ago, the lakes were one big pond.

The bedrock under the lakes is dolomite limestone forming the western shore of Lake Michigan. The eastern edge of this limestone merges and forms the dramatic 325 foot drop known as Niagara Falls.

The shorelines of all the lakes combined measure 7870 in length. Lake Michigan alone has a shoreline measuring 2232 miles.

Lake Superior's surface area is the largest of any fresh water body in the world. It is nearly 400 miles long and ships on the lake can be out of sight of land for 30 hours at a time.

The United States uses 25 billion gallons of water each day from the Great Lakes; half is for electric power production. They provide drinking water for 25 million Americans.

Final irony, the biggest source of pollution for Lake Ontario is Lake Erie.

Grand Court Fashion Show at Stoneridge Mall

The grand search for enthusiastic and energetic people to serve as fashion representatives for Stoneridge Shopping Mall continues!

The finalists will be selected from the group of semi-finalists featured in the Back-to-School Fashion Show on Saturday, August 16 at 1 p.m. The newest looks for school and career-wear will be featured and the public is invited.

The models will "represent our market place," according to Stoneridge Marketing Director, Pam Lott. "Models should range in age from 16 to 60. We're looking for all shapes, sizes, ages and looks to represent our stores."

Each representative will spend an exciting year taking part in photo shoots, fashion shows and promotional events.

Stoneridge's Fashion Team will have the unique opportunity to meet and work with experts in the areas of fashion modeling, retail sales, hair styling, make-up application, fitness, grooming and community involvement.

Again, finalists will be selected in the Back-to-School Fashion Show on August 16. Come out and see the newest in fall fashions and the exciting final selection of the Stoneridge Fashion Team representatives.



HBP's Community Coordinator, Donna Fernandez.

Hacienda Community Center Coordinator Glad to be Back on Job

Donna Fernandez, Community Coordinator for Hacienda Business Park's Community Center was injured on July 10 in an accident on Main Street. And though her supervisors at work told her to take all the time she needed, she was anxious to get back to work. "Getting dressed and coming into work every morning is the best therapy," she says.

She comes in for just a few hours each morning, but she says it lifts her spirits and feels it's contributing to her recovery.

She continues to help set up the sessions in the Community Room, but HBP managers and community people using the room have been great about helping out. "They've been running their own films and making their own coffee. Everyone has been giving me a lot of support," says Donna.

This injury and the care and concern

expressed have been a revelation to Donna. "Pleasanton is a community with a great deal of heart and compassion. I especially want to thank the two construction workers who did not hesitate to come to my aid. Officer Allen, the fire department and the paramedics were so very gentle and kind," she explains.

Due in great part to her own experience, she tries to be more caring and sensitive herself.

The flowers and cards that flooded her room meant a lot to her. Now she marks her calendar with the names of friends and acquaintances who are ill or hospitalized and makes sure to send them a card.

She now realizes how important a small gesture like that can be to someone feeling vulnerable and alone.



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What's Cooking With Walter?



Walter Frey with Castlewood waiter David Ednie.

Walter Frey came to Castlewood Country Club in 1981 and took over Executive Chef duties there by revamping the menu and kitchen procedures. He started using all fresh ingredients in the recipes and began planning gala buffet meals for

special holiday events for members. When he came to Castlewood, he arrived with thirty years of experience as a manager, and as both travelling and executive chef for the Sheraton, Hilton and Westwater hotel chains. And he

brought with him a philosophy of food and cooking that looks on the role of the chef as that of an artist, an executive and a teacher.

In the early 1960's, Frey began his own consulting business and was called in numerous times by hotels and restaurants to straighten out problems of budget excesses, staff conflicts and to bring his expertise to areas of menu and recipe development.

One of his most celebrated associations was with Vic Bergeron of the world famous Trader Vic's restaurants. Between 1969 and 1977 Frey worked throughout Bergeron's 19 restaurants, including overseeing the opening of four new restaurants in St. Petersburg, Florida, Munich, Toronto and Tokyo. His guidance and expertise were called into use in working with new chefs and cooks,

lining up foods and supplies and hiring staff.

Of Bergeron, Frey says, "he was a smart merchandiser and foodwise, he knew what he wanted."

Today, in addition to his duties at Castlewood, Frey is involved in a new venture which emphasizes his commitment to good, healthy food that also tastes great. He is partnered with two associates in a project which will bring mobile kitchens to such sites as large industrial and business parks. These mobile kitchens will prepare and serve greaseless, healthy lunches. Frey says we can all eat hamburgers and french fries from his new kitchen and not worry about oil and saturated fats.

And Frey wants us all to celebrate this grand new idea by preparing and enjoying the following elegant dessert!

THE BUTTERSCOTCH PEAR

- | | | |
|--------------------|--------------------|----------------------|
| 4 Bosc pears | 1/2 cinnamon stick | 1 clove |
| 1/3 c. brown sugar | 1/3 c. lemon juice | water to cover pears |

Peel pears. Cut out fly and slice off a bit of bottom so pear will sit flat on a plate. Leave on the stem. Combine remaining ingredients for syrup. Simmer pears in syrup in heavy saucepan for 50-60 minutes until tender.

Sauce

- | | |
|--------------------------------|--------------------------|
| 2 oz. butter | 1/3 tsp. vanilla extract |
| 1 c. firmly packed brown sugar | 1/3 c. light corn syrup |
| 1/3 c. 32% whipping cream | |

Melt butter in sauce pan. Stir in the brown sugar and the corn syrup. Add vanilla. Heat to a gentle boil over medium heat and cook, stirring until sugar melts. Gradually stir in the whipping cream and return to a boil. Stir to blend. Place poached pear stem up in a glass compote dish and cover with sauce. Do not refrigerate sauce as it will crystallize.

Grand Marshall

Pinocchio in Heritage Days Parade

Remember how you cried when Pinocchio's nose grew and you thought he'd never get back to Geppeto? Disney's "Pinocchio" was one of those cartoon features that every kid loved and every adult fondly remembers.

The puppet incarnation of Pinocchio is set to visit Pleasanton on Saturday, September 13 when he serves as Grand Marshall of Pleasanton's Heritage Days Parade. Pinocchio will be star of the day due to the efforts of Viacom Cablevision.

Already set to join in the festivities that day are numerous individuals, businesses and civic groups who are joining the parade to show thanks for living and working in the Valley.

The parade, which begins at 10 a.m. on the 13th, marks the only occasion this year for Pleasantonites to view both the

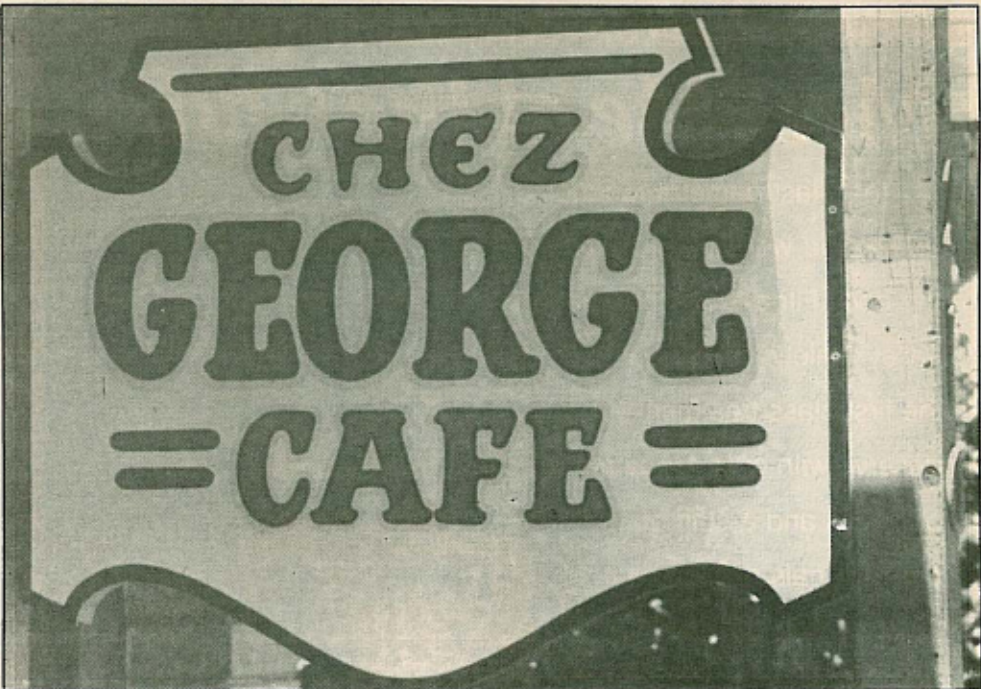
"Balloon Platoon" and the "Pleasanton Executive Drum and Bugle Corps without Bugles." Both groups have proven crowd favorites in parade appearances around the Bay Area in recent years.

Ed Kinney is chairman of this year's event. "The Heritage Days Parade proves to be a unique celebration of life in our city and an appropriate way to kick off a week of celebrating our heritage," he says. The parade is co-sponsored by the City of Pleasanton, Pleasanton Chamber of Commerce and Viacom Cablevision.

Those wishing to join in the parade may do so by contacting Kinney or Carol Monahan at Harris Real Estate, 463-9500.

Applications are being accepted through August 25.

Let's Eat Out!



Chez George Cafe is a small continental restaurant located in the heart of downtown. It's a cozy, uncluttered eatery serving light lunches, rich pastries and desserts and Pleasanton's most complete variety of European style coffees.

Those who spent long hours in Italian coffee houses in Berkeley, Cambridge and other university towns around the country, appreciate the rich flavored coffees served at Chez George. These strong, dark coffees bring back happy memories of profound philosophical discussions and college romances.

Espresso, cappuccino, cafe mocha, espresso con panna and the twelve other rich, flavored coffees available at Chez George are perfect after any meal.

Lunches at Chez George are light and leisurely. It is a small restaurant with eleven cafe tables. The bentwood chairs, cafe curtains and framed prints of Impressionist paintings on the walls suggest an informal French bistro.

The menu lists several hors d'oeuvres, soups and seven generous salads. The Mediterranean salad with feta cheese and the Angelique salad with tangerines and almonds are exotic and tasty.

There are eight unusual sandwiches. The Moulin Rouge is made with chicken and fresh red peppers and is served on a croissant. Le Greque is ham, turkey and roast beef, with cheese, lettuce, sprouts and avocado served in fresh pita bread. The Cote d'Azur consists of a croissant filled with dill flavored shrimp. The sandwiches range from \$3.95 to \$5.50 and most are served with soup or salad.

There are house "specialties" and a "plat du jour." These are Quiche Lorraine, Crepe Cordon Bleu, Quiche Florentine and Crepe de Mer. These are served with fresh bread and butter and choice of soup or salad and range from \$4.50 to \$5.25.

And, then there are the desserts. As you enter the restaurant, the dessert tray is temptingly displayed on the service counter. "Les Tentations," as they are listed on the menu, include Mousse au Chocolat, Creme Caramel, Marie Antoinette, Cheesecake and Chocolate Truffles.

Actually, the perfect meal at Chez George is a rich Italian coffee and an equally rich dessert. Who needs food?!

Chez George Cafe, 210 Rose Avenue, 846-4117 Mon - Sat, 10 a.m. to 5 p.m.

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A cooperative team approach is used and a personal treatment plan will be designed in accordance with the physician's prescription.

The various members of the home care team serve the different needs of the patient. The Home Care Nurse provides skilled nursing care for patients with acute or long-term illness. The nurses also instruct and supervise the patient and family regarding health care.

The Home Health Aide is the individual who assists with personal care, meal preparation and light housekeeping.

A Medical Social Worker helps the patient and family cope with illness and adjust to the patient's disability. The Social Worker can also assist with such concerns as financial counseling.

A Physical Therapist is available to teach patients and families rehabilitation techniques to improve strength and endurance. An Occupational Therapist will work with patients and families to improve speech and communication skills.

Patients can pay for the Home Care Services with Medicare or Medi-Cal and most private insurance companies also cover these types of medical services.

Also available through Valley Home Care are equipment and supplies. Arrangements can be made through their staff for purchase or rental of such equipment as hospital beds, walkers, wheelchairs and oxygen and respiratory equipment.

The Lifeline program which we covered in an earlier issue is also one of the programs offered by VMH. This is a personal emergency response system installed in the patient's home.

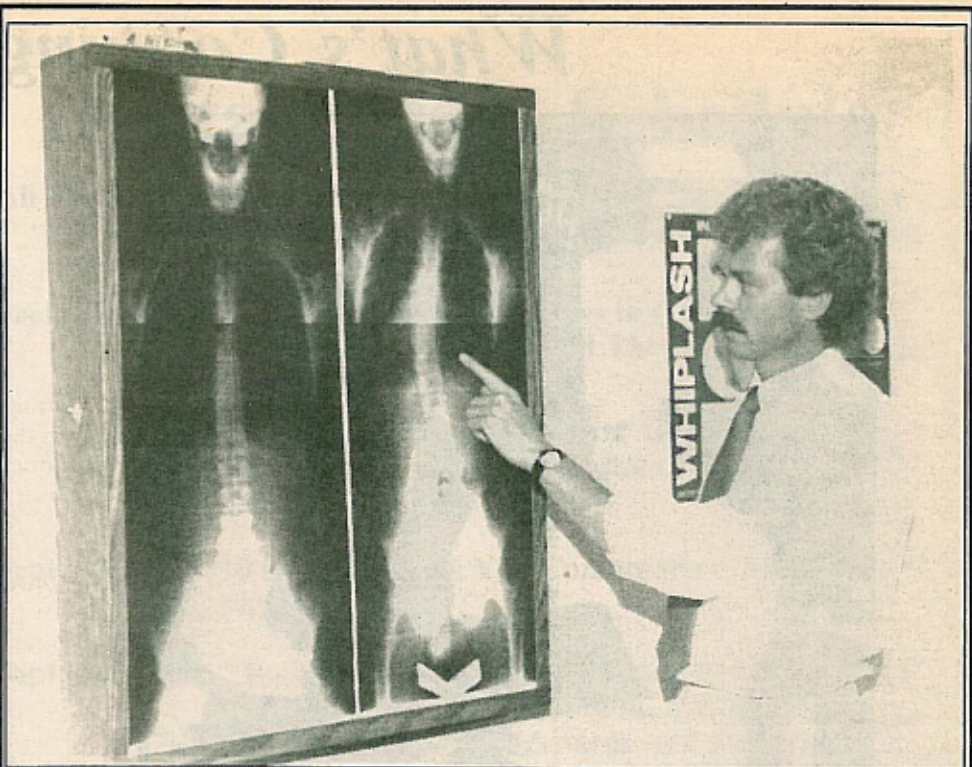
Valley Home Care is a state licensed, Medicare certified, hospital-based home health agency.

For more information on any of these services, phone the Valley Care Center located at 1015 East Stanley Blvd., at 373-4020. Office hours are Monday through Friday, 8 a.m. to 5 p.m. If it is necessary to contact the office after business hours, phone 447-7000.

Summer Concerts: Fridays in the Park

Summer concerts continue at Wayside Park, First and Neal Streets, every Friday at 7 p.m. The program is sponsored by the Downtown Association.

August 15	Seagram 7, pop music over the years
August 22	David Davelaar w/Marie Cochran Studio, accent on youth.
August 29	Stony Ridge Ramblers, Dixieland jazz
September 5	Pleasanton Community Band
September 12	The Chuck Eras Band and The Illusions, big band sound
September 19	Tommy and the 4-Speeds and special contests and prizes (Sept. 12 & 19 are special Heritage Days concerts)



CLOSE CHIROPRACTIC. Dr. John Close's chiropractic center is located at 5674 Stoneridge Dr., suite 104. He has been practicing in Pleasanton for 10 years and moved to his Hacienda Plaza location last September. "Chiropractics is the fastest growing healing art and the largest natural healing art," says Close. One of three doctors in his center, Close specializes in personal injury care and cites a growing demand for chiropractic services.

A Quick Trip Weekend Getaway to Carmel

For a quick trip that seems to take you thousands of miles away from the Bay Area, go to Carmel. This intriguingly beautiful place has something for everyone and is the perfect day trip for out-of-town guests.

A good starting point for your day in the Carmel area is the world famous Seventeen Mile Drive through the Del Monte Forest. A non-stop drive along this breathtaking coastline tour will take an hour. But allow two to three hours and stop at the Spyglass Grill for lunch or bring your own picnic basket and stop at the Seal and Bird Rocks Picnic area.

The first part of the drive takes you into what seems to be a secluded deep forest; pine trees and wild plants are abundant. But not too far down the drive is the first of several golf courses. Deer are often seen on lush carpets of bright green.

Out-of-towners, especially desert dwellers like our visitors from Tuscon, are awed by the beauty and rhythm of the ocean. A stop at one of the many tidepools gave them their first experience with sea anemones and sand dollars.

Back in Carmel, the Hog's Breath Inn has become quite a tourist attraction. Its owner is perennial Hollywood favorite and newly elected mayor, Clint Eastwood. It was Eastwood's disagreement with the Carmel Planning Commission and incumbent mayor over an addition to his property, coupled with his concerns over what he labeled their anti-business attitudes, that prompted his successful campaign for Mayor.

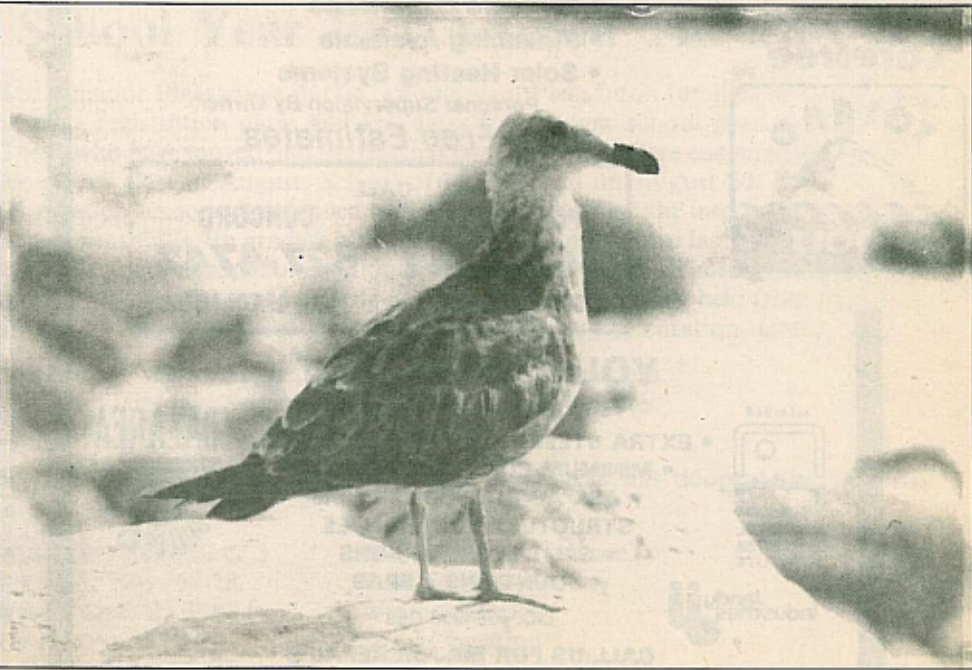
A narrow walkway takes you down to the entrance of the Inn. The bar is outside and the adjoining building is decorated with a mural of the Monterey Peninsula countryside. The restaurant interior is cozy and rustic with old wooden chairs and tables. Statues of hogs of varying sizes and materials adorn the restaurant and provide a strange kind of charm.

Back on Ocean Avenue, visitors can walk from one quaint shop to another. The bakeries and dessert shops are especially enticing. Plan to allot extra calories for yummy cakes, cookies and other sweets.

The residential areas of Carmel take you off the beaten track into the quiet tree-lined streets that are home for the 4500 year-round residents. The style of homes ranges from California ranchers to smaller woodsy abodes. The Hansel and Gretel style cottages found on postcards actually do exist. Their curved roofs, multi-paned windows and winding brick paths create a fairy tale atmosphere in the neighborhoods.

A drive through one of these rustic neighborhoods leads you to the Carmel Mission. This is one of the most beautiful of the chain of Spanish missions that runs from San Diego to Sonoma. Its interior courtyard, fountain and garden are favorite subjects for the many artists who live on the Monterey Peninsula.

The drive to Carmel takes about two hours. But in those two hours you are transported to a quaint and inviting environment that is unique in California. It's one of those tourist spots that lives up to its reputation.



Just one of the many Sandpipers that can be seen on the shore in Carmel

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Career Links Special Needs Students Learn About Sales and Work World

This past year has seen a new component added to the Career Links Internship Program. Career Links is a program of the Valley Volunteer Center and the Amador Valley High School District.

Through a series of employability seminars and hands on community internship, high school students with special needs have discovered the standards and expectations of the work world. At the same time, they have learned about themselves, their strengths and areas for growth in preparation for employment.

The services of Career Links have been adapted to meet the unique needs of school age mothers, continuation school students and students with learning or developmental disabilities.

Students complete a series of seminars that cover career assessment, job seeking skills and job maintenance skills. Each student receives a personal guidance interview and is then placed in a specially designed and chosen hands-on internship in a business matched to the student's interests, abilities and needs. At the completion of the internship, the student receives up to five units of credit, two

letters of recommendation in addition to the valuable experience on the job.

The special needs program was developed as part of Career Links general services. Through private funding from the S.H. Cowell Foundation and the Wallace Alexander Gerbode Foundation, the special needs program was developed. In addition, Career Links was selected to be a model program for working with high risk youth by the State Department of Education. The collaborative nature of this school-business partnership program eases the students' transition into the work world.

The business community has welcomed these young people with special needs and has provided a valuable contribution of experience, support and guidance for their futures. The Career Links program invites the interest and participation of local businesses. If you are interested in more information about Career Links, either as a student or business participant, call the Career Links office at 829-4958 or the Valley Volunteer Center at 462-3570.



BUSINESS/EDUCATION PARTNERSHIP. Amador Valley High School Industrial Arts teacher, Bud Engle, critiques a brochure design and layout for Senior Graphics Specialist Susan Brusco at AT&T. Engle is one of six teachers who shadowed business in a recent pilot program, Teacher Awareness, sponsored by the Pleasanton Chamber of Commerce.

VVC Has "Wish List" for Non-profit Organizations

If the phrase "Wish List" brings to mind a red Ferrari or a vacation on Maui, think again.

The many non-profit organizations have had their very down-to-earth needs catalogued in the Valley Volunteer Centers directory, Wish List 1986. The directory is a guide listing the various supplies and equipment that Valley non-profit agencies need. The items are varied and range from one copy machine for the American Cancer Society to volunteers at the Pleasanton Library.

Here are a few sample listings:

Hope Hospice
one or two 4-drawer filing cabinets.
Tri Valley Haven
new, good quality tricycles.
Valley Volunteer Center
a good quality phone answering machine.
Children's Theatre Workshop
typewriter.
Pleasanton Recreation Department
nutrition lunch helpers for the Senior Service Center.
Complete Wish List needs can be obtained at the Valley Volunteer Center, 333 Division St., 462-3570.

Valley Choral Society Looks Forward to 1986-87 Season

An exciting and varied concert series is in the works for the Valley Choral Society's 1986-87 season. Performances will be held in December, March and May.

But auditions are being held this month and director, David Babbitt would like to increase the size of the chorus. The chorus has grown from less than 30 voices to nearly 50 this past year. Babbitt says more are needed to meet the demands of the works being presented this coming season. Openings are available in all sections.

The season starts in December with an ambitious program. Vaughan William's "Hodie" will be scored for chorus, soloists and a 35-piece orchestra. In

March, "Music of the Colossal Baroque" will feature works for choir and brass. Rounding out the season will be a program which is new and innovative for the Valley chorus. A Gilbert and Sullivan operetta will be produced.

For those who enjoy singing, joining the Valley Choral Society might be just the thing. There is great pleasure and satisfaction to be derived from rehearsing and performing a variety of fine choral music.

For those who wish to become part of the excitement, phone for more information about the auditions. Call Kathy Walker at 443-9889 or Doris Slater at 830-1458.



PLEASANTON HOTEL GOLF TOURNEY PROCEEDS. Bill Laube, owner of the Pleasanton Hotel, serves up a check for \$1500 to Gerry Richards, representing the Valley Volunteer Center. The donation is the proceeds from the Second Annual Pleasanton Hotel Golf Tournament held June 20. Richards, past president of the Valley Volunteer Center Board, helped to serve dinner to the event participants after the tournament.

Freeway Singles

"Driving on the Freeway of Love"

When Ruth Guillo spotted a great looking guy in a cream color Cadillac at a stop light, she shot him a meaningful look. He returned the look... but when the light turned green, he went one way and she went the other. It was then that she decided that the man of her dreams may just as well be in the next lane as anywhere else, and she founded "Freeway Singles."

That was two and a half years ago in Southern California. Today there are Freeway Singles clubs in 18 states and Canada, including the Alameda/Contra Costa branch run by Linda Johnson of Pleasanton.

This is the way the club works. An interested single, aged 18 or older, sends an application along with an annual membership fee of \$35 to Johnson. They are issued a Freeway Singles sticker with a member number to affix to their car. Johnson matches the new member with two people right away to get things started. When the single sees another attractive prospect with a Freeway Singles

sticker, they can send a letter or make a phone call asking to be put in touch with the single whose number they have noted.

"A lot of people are sick and tired of the bars," says Johnson. "People are so involved in their careers, where do they go to meet someone? Everyone gets in their car at least once a day," so this approach makes sense for mobile Californians she explains.

The age range of current members is 20 to 55 and Johnson is also in charge of organizing special activities that will appeal to all members. Her branch of Freeway Singles has existed only since March, but she has already had a tremendous response. She has organized history hikes and winery tours. In the works for the fall are a car rally featuring a treasure hunt and barbeque and a bay cruise and dinner.

Interested singles are invited to give Freeway Singles a call. The number in the Valley is 462-4915.



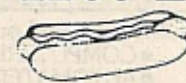
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a bit of trivia

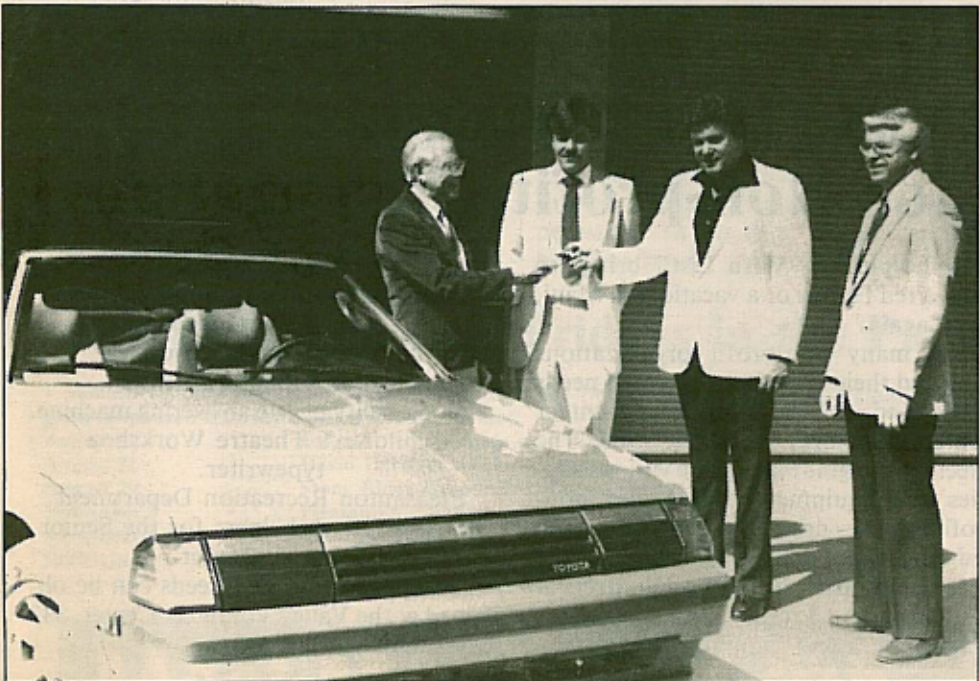
a bit of trivia

by Ben Fernandez

Last time we talked about the long days of summer. The days will soon get shorter. So, the long and short of it is the following questions.

1. What was the name of the short actor who received an Oscar nomination in "Ship of Fools"?
2. What was the name of the midget that batted for the St. Louis Browns in 1951 in a highly publicized stunt?
3. Who wrote the song, "Short People"?
4. What is the name of the veteran short character actor who played the Bible salesman in "Foul Play" and now appears regularly on "Bizarre"?
5. Which of the Seven Dwarfs never talked?
6. What other famous short actor played the kinky symphony conductor in "Foul Play"?
7. Who was the super star short man who almost always led the NBA in foul shooting percentage while playing for the Houston Rockets 10 years ago?
8. What famous short actor played the insurance investigator in "Double Indemnity" and Wolf Larson in "The Sea Wolf"?
9. What two jockeys had four Kentucky Derby winners?
10. What short Oscar winner played the bar owner in Silverado?

Answers on page 9



Don Nelson, Chabot auto instructor; Martin Ristad, Toyota; Ozzie Davis, Dublin car dealer and Dr. Lee Hinckley, Valley Campus Dean.

A Working Model

Chabot Auto Shop Gets New Car

On Friday, August 1, the Chabot Valley Campus happily received the donation of a 1984 red Toyota Celica convertible. Any college student's dream.

But this car is not for drives on warm, summer afternoons. The car was donated by Ozzie Davis, Pontiac-Toyota dealer in Dublin, to Chabot for use in their auto maintenance and mechanics classes.

Chabot instructor Don Nelson is glad to have a new model for his students to work on.

Everything in this new car reflects the latest in developments in electronics, digital displays and engine design. Now the Chabot students will have the chance to learn on a late model car.

13th Annual

Heritage Days Schedule

- All Week** Dress Western; Pleasanton Art League Art Show. First Nationwide Savings, 300 Main Street (during business hours)
- Sept. 12** 7 p.m. to 8 p.m. - "Fridays in the Park" Concert, with Chuck Eras Band and The Illusions. Wayside Park, Free.
7:30 p.m. - Pleasanton Art League Champagne Preview, Art show and awards. First Nationwide Savings, 300 Main Street.
- Sept. 13** 10 a.m. - "Thank You Community" Parade. Main Street.
- Sept. 14** "Run*Walk*Dance". 8:15 a.m. Fitness Walk, 8:30 a.m. Aerobic Dance Marathon, 8:45 a.m. 10K run. 7090 Johnson Drive, Awards and prizes.
11 a.m. to 4 p.m. - Heritage Home and Garden Tour. With refreshments. Second Street.
3 p.m. to 6 p.m. - "Classic Chassis" Auto and Fashion Show. Stoneridge Mall.
- Sept. 16** 6 p.m. to 8 p.m. - Heritage Families Reception. Pleasanton Hotel.
- Sept. 18** 10 a.m. to 4 p.m. - Judging of all entries in Heritage Days Decoration and Dress-Up Competition.
5:30 to 8 p.m. - Pleasanton Chamber Mixer; Judging and awards for the Beard and Mustache Contest. Community First National Bank parking lot, 749 Main Street.
- Sept. 19** 10 a.m. to 6 p.m. - Shopping Center Day.
7 p.m. to 8 p.m. - "Fridays in the Park" Concert, with Tommy and the 4 Speeds. Wayside Park, Free, special games, prizes and surprises.
- Sept. 20** 10 a.m. to 5 p.m. - Main Street Fair. Arts, crafts and food. Entertainment on museum lawn, 603 Main Street.
6 p.m. - Barbecue and Dance. No host bar, dinner, dancing, awards. Amador Pavillion, Alameda County Fairgrounds.
- Sept. 21** 8:30 a.m. to noon - Pancake Breakfast. Amador Valley Savings and Loan parking lot, Main Street.
10 a.m. to 5 p.m. - Main Street Fair. Arts, crafts and food. Entertainment starting at noon, museum lawn.



Registration Dates

School Year Just Around The Corner

The Amador Pleasanton Public Schools want Pleasanton families to know about upcoming registration dates and key dates for the new school year.

Those who have moved into the districts over the summer are encouraged to register students for class in August. School offices re-open on August 20.

Orientation sessions are planned for incoming students at the intermediate and high schools. Next fall's 7th graders at Harvest Park School whose last names begin with A-M should plan to attend orientation on Tuesday, August 26. Those whose last names begin with N-Z on Wednesday, August 27. Both sessions will be held from 10-11 a.m. Incoming high school freshman have the following orientation dates:

Amador: Friday, August 29, 11 a.m., boys' gymnasium
Dublin: Tuesday, September 2, 10 a.m., Little Theater
Foothill: Thursday, August 28, 8 a.m. to noon

For the convenience of school families, the district has adopted the following tentative calendar.

- | | |
|-------------------------|---|
| Wednesday, September 3 | first day of attendance |
| Thurs/Fri, Nov. 27-28 | Thanksgiving holiday |
| 2 weeks, Dec. 22-Jan. 1 | Winter vacation |
| Mon-Fri, April 13-17 | Spring vacation |
| Thursday, June 11 | last day for high schools |
| Friday, June 12 | last day for elementary and intermediate schools. |

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Mike Harris (l) of Harris Realty and Mike Harris of Community First National have grown accustomed to the confusion over their names.

Two of a Kind - Not Exactly

Mike Harris of Community First National Bank and Mike Harris of Harris Realty have gotten used to the confusion over the years. All that separates them, on paper, is a middle initial. Harris the banker is Michael J. and Harris the realtor is Michael F.

Both are Pleasanton Rotarians and their fellow members have straightened out the confusion by referring to Harris the realtor as the elder Harris. Even though he has barely one year on Harris the banker.

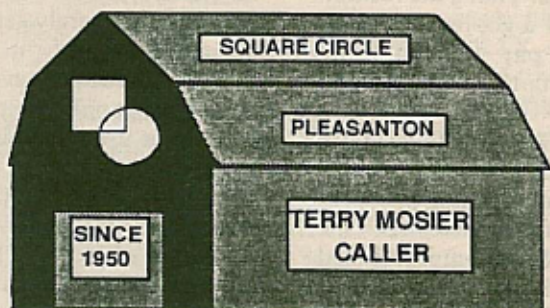
At Community First National, Harris is often involved with real estate business and transactions and has to put in calls to title companies and other realtors. "I'm quick to tell them who I am and for whom I work to distinguish myself from Mike... unless of course it gets me through quicker if they think I'm him!"

To add to the confusion, the two Mikes have the same insurance agent and the same accountant. But only one of them, lives in Pleasanton, so at least the Post Office is spared the confusion.

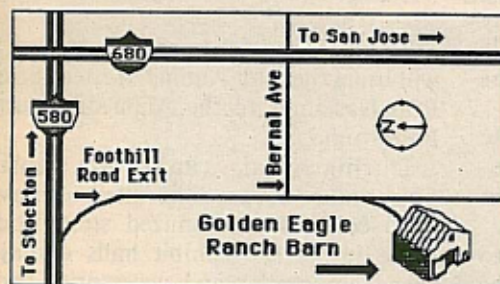
TRIVIA ANSWERS

- | | |
|-----------------|----------------------------------|
| 1. Michael Dunn | 6. Dudley Moore |
| 2. Eddie Gaedel | 7. Calvin Murphy |
| 3. Randy Newman | 8. Edward G. Robinson |
| 4. Billy Barty | 9. Eddie Arcaro and Bill Hartack |
| 5. Dopey | 10. Linda Hunt |

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COMMUNITY CALENDAR

Monday, August 18

Widowed Men and Women of Northern California. Meeting, Community Room, Chabot Center, Hacienda Business Park, 4637 Chabot Dr., 7:30 p.m. Call 846-7076 for further information.

Tuesday, August 19

Christian Women's Club luncheon and parasol fashion show, 12 noon, Pleasanton Hotel. \$8.50. Free babysitting, Call 846-4104 or 462-7623.

Wednesday, August 20

Pleasanton Newcomers get-acquainted coffee. 10 a.m. 846-7269 or 462-8522 for more information.

Saturday, August 23

Pleasanton Police Officers' Association Third Annual Country-Western Dance. Young California Building, Alameda County Fairgrounds, 8 p.m. to 1 a.m. Tickets \$5 Contact Don Saulsbury or Aaron Ackerman, 847-8134

Sunday, August 24

Jaycees Golf Tournament. Tee-off at 12 noon, San Ramon National Golf Course. \$60/person. Benefit Sudden Infant Death Syndrome research. For reservations and information, phone 828-2914.

Monday, August 25

VIP Annual Luau, Amador Valley Center, Black Ave. Make reservations with Barbara Van Slyke, 846-7327.

CLASSIFIEDS

Wanted

Advertising Sales. For national magazine publisher. Commission only. Call 846-0649 for interview.

Salesperson. For rapidly growing graphic arts company. Please send resume to PO Box 143, Pleasanton, CA 94566.

Courier. For Pleasanton developer in Hacienda Business Park. Knowledge of East Bay and San Francisco helpful. Call Jean Olson, 463-9205.

Full-time positions. Driver, bookkeeper, experienced presser and mature, responsible counter person. Hacienda Cleaners, Hacienda Business Park. 463-8900.

Cook. To prepare evening meal, 5 or 6 days/week at St. Augustine's priest's home in Pleasanton. Also do grocery shopping one day/week. Call 846-4489 between 8:30 a.m. and 5 p.m.

For Sale

1980 VW Dasher. Clean in and out. Good family car. 4-dr. Sunroof. \$2400/bo. 846-6027.

1977 Ford Mustang II. Auto, 4-cyl, runs well, good body and interior. \$1400. Gas chain saw. Super XL Homelite, 20" heavy duty w/ case. \$175. Phone 846-8309.

Discovery Bay Custom Home. Under construction, 3 bdr. 2 ba. 2 frplc. Lake lot, 2200 sq. ft. \$195,000. Call Janet, 463-3773.

1977 GMC Sierra. 8', 3/4 ton with shell, 34,000 miles, '87 registration paid; has smog control clearance. \$4000. 846-3324.

China and buffet. Mediterranean style, good condition. \$250.5'8" x 37" bedroom chest, Mediterranean style. Perfect condition. \$200. 846-0302.

Executive desk. 5-drawer, oak, modern design. \$450. 846-8614.

Large camper shell for 8' bed. Paneled with cabinets. 4 windows that open, plus hatch. Sac. \$195 firm! 846-4299.



Showing off the senior cookbook are Barbara VanSlyke, Eleanor McKay and Isabel Tero.

Now on Sale

Personalized VIP Cookbook

The VIPs of Pleasanton will be one of the many community organizations with a booth at this year's Heritage Days celebration. They will be featuring a special cookbook that was three months in the making.

The cookbook will sell for \$5 and will feature a large array of recipes collected from local senior citizens. Each recipe is personalized with the name of each contributor.

The book is spiral bound for ease of use while cooking and features nine full

color sections. There are many recipes and helpful hints and proceeds from the sale of the cookbook will benefit the New Senior Citizen Fund.

Though the cookbook will a featured attraction at the senior booth on Main Street, it is now on sale. It is available at the Chamber of Commerce, 411 Main Street, and in several other retail stores and gift shops downtown.

For more information on the cookbook phone Eleanor McKay at 846-5853 or Audrey Madden at 462-8873.

Volunteer Help

Adult Literacy Project Has Success Built into its Program

Pam Minkler's AT&T business card reads "Strategic Development, Western Region RTM." But four hours each week, the strategic development that concerns her is that of the adult non-reader she tutors.

Three years ago, Pam was looking for a volunteer niche because "I wanted to do something good. Reading is important to me and I liked the idea of helping people learn to read." The Adult Literacy Project fit her specifications perfectly and three years and three students later, she is still an enthusiastic booster of the program.

Irene Yarrow, program director of the Alameda County project, says Pam's enthusiasm and involvement are pretty typical of the volunteers who choose to work with adult students. The program requires a six-month commitment including two Saturday training sessions, two update sessions and at least one tutoring session per week.

Startling statistics indicate that one adult in five cannot read and write. According to Yarrow, functional illiterates exist due to many factors. Many fall through the cracks of public schools. Many come from families where parents can't read. Many older students in the program went to school before mandatory education laws existed. Some were ill as youngsters or their families moved frequently, causing them to miss a lot of schooling. Whatever the reasons, the Adult Literacy Project gives them a chance to start over.

Volunteer tutors also come to the program from a variety of backgrounds and



Adult Literacy boosters, (front) volunteer, Pam Minkler, AT&T; program director, Irene Yarrow; (back) volunteer tutors, Millie Aubin and Pat Baratta.

for many different reasons. Pat Baratta of Pleasanton was a retired school teacher who had taught English for many years. For her, tutoring adult non-readers seemed a natural. For eight months she tutored a man in his mid-50s. His greatest thrill was when he was able to read street signs and get to his destination without help.

Millie Aubin of Dublin had finished high school, but wasn't quite sure if she could handle the tutoring. But the train-

ing sessions and the Laubach system, designed specifically for use in reading instruction for adult students, have made Millie's job easier.

Her student is a 37-year old Korean born woman who owns her own business. Twice a week from 7:30 to 9 a.m., Millie tutors the woman in her beauty shop before business hours. "She's an eager student and is doing great. It's been 40

years since I've been in school so it gives me a run for my money."

Many of these adult non-readers have tried other programs, even have paid for special tutoring. But with this program, they are experiencing real success. Chris Green is the project staffer who carefully matches tutors with students. Compatibility and mutual respect are keys to the program's success and the loyalty and creativity of the tutors is something Yarrow and Green really appreciate.

But the real joy comes when a success story is told in one of the tutor sharing sessions. These sessions occur every month or so and give the tutors a chance to compare notes and share successes and frustrations.

Minkler had a funny story to tell of her student's recent achievement. Her current student is a 40-year old man whom she tutors two nights a week. She says "for the first time in his life, he understands why he couldn't learn to read. His personal victory came with being able to read the instructions on a box of Sloppy Joes and prepare dinner for his family." He also told Minkler that he had been able to read the precautions on a box of snail poison and summarized his achievement in this way, "I fed my family and killed my snails and didn't mix them up!"

Like the Marines, the Adult Literacy Project is always looking for a few good men... and women. The next tutor training session begins on August 13. Call the Pleasanton Library at 462-3535 or Yarrow at 881-6337 to become a volunteer and help change someone's life for the better.



Lynette Sonne showing off Georgiou's latest cotton blazer.

A "Born Shopper" Finds Career in Fashion Industry

Lynette Sonne's personalized license plate reads BRNSHPR. And she's turning that passion for shopping and clothes into a career.

Lynette, 21, grew up and went to school in Pleasanton and we talked to her on the pool patio of her parents' Happy Valley Road home. "I went to my first fashion market when I was 16 and landed a job as a Showroom Assistant when I was 18," she told us. That's the fashion industry's version of a gopher and jack-of-all-trades. "You pay your dues and continue to pay along the way. Nothing is handed to you."

She attended the Fashion Institute in San Francisco majoring in Retail Administration. One of her first jobs was with Nordstrom's in Walnut Creek. She started out in handbags, but continued working the fashion markets.

For the uninitiated, the fashion market is the huge display and selling extravaganza that buyers and shop owners attend for each fashion season. It's there that they see what fashion designers and manufacturers are showing for the coming season.

"In the fashion world, there are five seasons, spring, summer, fall, holiday and winter," explains Lynette. She's worked markets in San Francisco, Los Angeles, Chicago and New York.

Since November of last year, Lynette has been with Kolonaki, the San Francisco based retailer who specializes in imported resort wear and gift items.

She was hired as a troubleshooter to help with display and merchandising. The company is growing by leaps and bounds and five new stores are slated to be opened in the next six to eight months. Lynette looks forward to her involvement in those new projects. Her father was in the construction business and her own construction background comes in handy with the new stores. She also will handle the training of new sales and management personnel.

Kolonaki is going through a period of transition right now. Georgiou is the new store name and the emphasis is on what Lynette calls "the total look."

"We want women of all ages to feel comfortable coming into Georgiou to buy the classic looks available in raw silk and cotton. We have scarves, jewelry and all the accessories needed to complete the total look," she explains.

Lynette's typical week is hectic and varied. "I can barely get to everything." She goes to one of the stores for a day or two to coordinate inventory. She talks to the new people, helps with planning and runs a 2-day seminar for the new employees.

She also still gets a chance to get to the fashion markets which were her first love. As a matter of fact, she'll be in New York in a week already planning for Spring, 1987!

10th Annual Street Rod Nationals

The weekend of August 15, 16 and 17 will bring the 10th Annual Western Street Rod Nationals to the Alameda County Fairgrounds.

During that time, the entire Fairgrounds area will be filled with over 2000 colorful, customized street rods, while inside the exhibit halls a major speed equipment and accessories show will be staged.

Also on tap for the weekend is a car model contest with over 300 contestants, several rock & roll shows, an arts and crafts show and a wide variety of food and family fun.

Ticket gates will open each day at 9 a.m., and prices will be \$6 for adults, \$3 for kids 6-13 years of age, and kids under 6 admitted free.

August 26-29

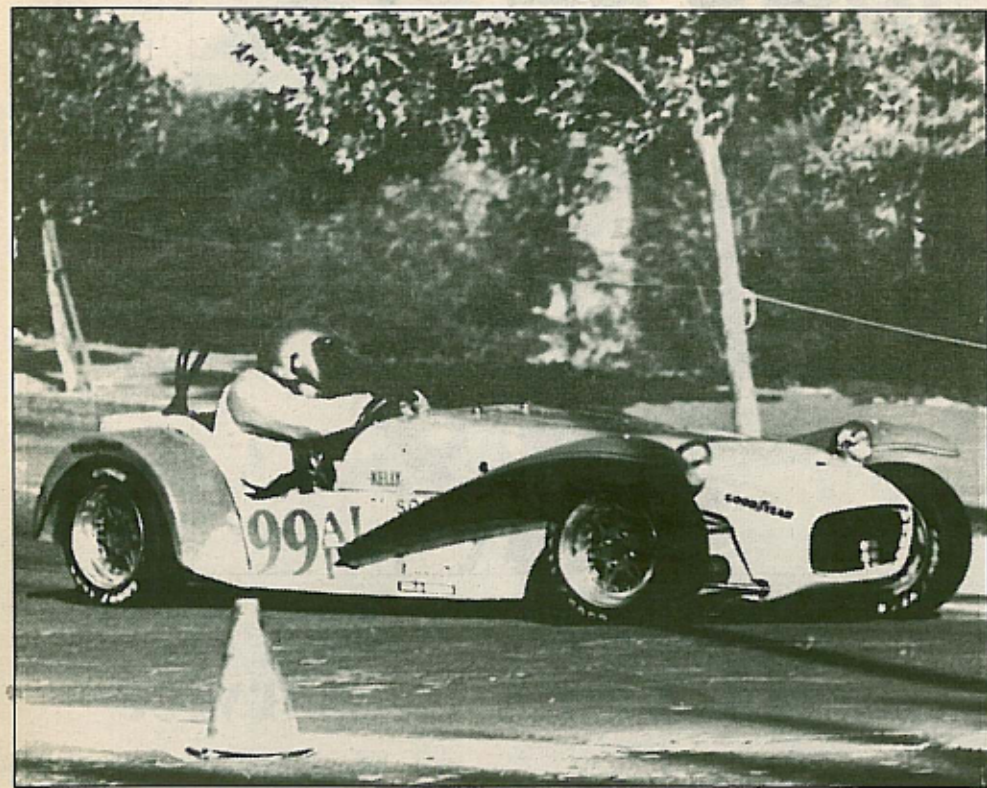
Inaugural Pacific Coast Autocross Championships at Fairgrounds

The roar of precisely tuned engines and the thrill of autocross racing will permeate the Alameda County Fairgrounds in Pleasanton the week of August 26-29, as the Inaugural Pacific Coast Autocross Championships get going in full gear.

The event is being organized by Pleasanton's own John Kelly, a three time

National Champion in autocross racing, and is sanctioned on behalf of the Sports Car Club of America's San Francisco Region.

The unique four day event will be held on Tuesday through Friday, which is counter to the typical autocross race that is staged on weekends.



Pleasanton's John Kelly "downshifts" into a turn during autocross competition

First Entrant

Dessert Lover Up and On the Run

Sandy Bohner, owner/operator of Pleasanton's Decadent Desserts and Catering was the first to sign up for the Heritage Days Run.

Bohner doesn't find her love for sweets and her fitness incompatible. "You can eat desserts everyday and still stay healthy. I tell friends they can eat chocolate and be normal."

To allow herself to indulge in the sweets and dessert coffees that surround her in her shop, Bohner is up every day at 5 a.m. to run. After the run, she heads off to AVAC for her aerobics session.

She's an avid runner and has entered five marathons and two triathalons. She's won a few, too. On July 4 she came in first in the San Ramon 10K run for forty-year olds. "I run with youngsters to show them that if I can do it, they can," she says.

In addition to running in the Heritage Days race, Bohner has contributed a gift certificate for the drawing to be held after

the race. Decadent Desserts was the first establishment in town to have an elaborate espresso machine and the winner of her gift certificate will be able to sample great capuccino, truffles, pastries and other desserts.

Bohner remembers the earliest Heritage Days celebrations when she would get up at the crack of dawn to get last minute supplies. Participating in the run and acting as a sponsor are her way of continuing to contribute to this great community event.

Decadent Desserts and Catering is located in the Hopyard Village Shopping Center, 3015F Hopyard Road. They're open Tuesday through Thursday, 10 a.m. to 6 p.m. and Friday and Saturday, 10 a.m. to 10 p.m.

Stop by before the show on a Saturday night when the lights are dimmed and espresso and cheese cake can be enjoyed in a cozy atmosphere.

Drivers in the Pacific Championships will compete in one of the two-day time frames, Tuesday and Wednesday or Thursday and Friday, making a minimum of two timed runs on the course each day.

The race circuit will be designed with two different configurations, with each driver facing a different course alignment on the second day of racing. A driver's best time on each course is calculated to determine classification winners and standings.

Autocross, which is also known as Solo II racing, is usually staged on large parking lots with traffic pylons marking the actual racing course. Drivers compete individually against the race course and the timing clock, and do not race against other competitors in their run.

The SCCA's Solo II/Autocross classification system has 23 different classes of competition. Women drivers can compete in their own classes, or can elect to compete directly with their male counterparts.

Kelly, who states he "expects 200 entrants for this initial event," describes an autocross circuit as being typically short in length, with frequent sharp turns that test a drivers ability to handle his

vehicle under a variety of conditions."

The drivers rarely shift their transmissions into the higher gears, opting to downshift for braking, control and quick acceleration into the short straightaways which abound on an autocross course. The average speed, according to Kelly, "is about 45 to 50 miles an hour."

The highlight of the Pacific Championships is a Wednesday dinner in the Fairgrounds cafeteria, where a warm welcome will be extended to all entrants. Trophies for the first two days of racing will be awarded.

Kelly feels that the race format, along with the fine location which Pleasanton and the Fairgrounds offer, will see this event grow in size and stature in ensuing years.

The excitement of autocross racing, the close camaraderie of the racing enthusiasts on the track and at the awards dinners, all indicate the sport is growing in popularity.

Kelly feels that with the correct blend of local organization and support, this event will become a major Pleasanton attraction, drawing large numbers of drivers and spectators from the Bay Area, Sacramento and the San Joaquin Valley.



Sandy Bohner signs up for the Heritage Days Run.



Powerful Oakland Rookie Jose Canseco homers again for the A's.

Local Fans Enjoy Night With the A's

With a crowd of approximately 500 wildly cheering Pleasantonians on hand the evening of July 21, the Oakland Athletics whipped the Boston Red Sox behind the superb pitching of A's lefthander Curt Young.

Celebrating Pleasanton Night with the A's, the large, demonstrative crowd of locals was no doubt instrumental in the A's victory. Waving pennants displayed the Pleasanton seal and the name of our fair city, and local fans really got involved in the game.

Highlighting the event was the ceremonial first pitch thrown by Mayor Frank Brandes. The mayor's son Jim, feared that his father's pitching arm would fail him at the critical moment. He forced the Mayor to warm up in the family yard prior to departing for the ballpark.

It seems that young Jim was concerned that his father might not be able to get

the ball to home plate on the fly. "Bouncing" a ceremonial first pitch to the plate can be a major embarrassment. But Jim need not have worried. Mayor Brandes "reached back for something extra", as Dizzy Dean used to say, and whipped a perfect strike to A's catcher Mickey Tettleton. Tettleton, somewhat in shock, raised a clenched fist in tribute to Brandes' velocity and control.

The positive response to the inaugural Pleasanton Night with the A's has resulted in plans to make the event an annual affair.

The coliseum is a great place to see a game, with good management, excellent parking and a beautifully landscaped playing field. Local fans enjoyed the game, and were conspicuous with their pennants and roaring support of the home team. In short, a good time was had by all, and plans are underway to do it again next year.

Fourth Annual "Stepping Out" Event Slated for October 18

The Soroptimist International of Pleasanton has announced its Fourth Annual Fundraising Event, "Stepping Out in Monte Carlo." The gala evening will take place on Saturday night, October 18, at Stafford's in Dublin.

There will be gourmet dining and dancing. Stafford's will be transformed into a fabulous Monte Carlo casino with roulette tables, craps, black jack and slot machines for those who enjoy games of chance.

The beneficiaries of this event are two important agencies serving community needs in the Valley, the Tri Valley Haven for Women and the Tri Valley YMCA. Last year's "Stepping Out on the Orient Express" raised over \$28,000 for the Tri Valley Community Fund and the YMCA.

The price is \$75 per person and will include dinner, dancing and gambling chips.

Co-chairs of the event are Edie Watters and Dale Vaughn Bowen. They are pleased at community and business sponsorship of the event which includes a black jack table sponsored by the law firm of Staley, Young and Schwartz; slot

machines sponsored by Stephen P. Merritt, Amador Valley Chiropractic Center and the Job Mart Agency.

David Wilson of The Californian formal wear has announced that they will give a \$10 credit to everyone renting a tuxedo for the event. The Californian is also donating two week-ends at Tahoe's Lakeside Inn as one of the many prizes to be awarded for successful gamblers at the casino.

Soroptimists are still seeking corporate sponsors for "Stepping Out." A donation of \$100 will underwrite the cost of a slot machine which will include prominent display of the underwriter's name. \$250 will buy sponsorship of one of the gaming tables, roulette, craps or black jack, again with the sponsor's name displayed.

A donation of \$400 will underwrite a black jack table at which the sponsors will have an opportunity to act as dealer for two hours that evening. A short training session is included.

To learn more about this event and offer sponsorship, phone Edie Watters at 462-1120.



Getting ready to step out (from top to bottom) are Helen Meier, Tri Valley Haven; Seth Goldman, Tri Valley YMCA; Mark Lewandowski, Stafford's chef/co-owner; Larry Hake, Stafford's co-owner; Edie Watters, event co-chair; David Wilson, The Californian; Dale Vaughn-Bowen, event co-chair.

Pleasanton Native

Legal Secretary Retires After 40 Years of Service

Verna Garibaldi started out her career in August, 1946 as clerk for the Justice Court in Pleasanton with Judge Charles Gale.

Today, she is looking back on those years and her long years of service to

Gale's nephew, Judge William Gale. "I've worked for attorneys who have come and gone, but I've stayed on to work for Judge Bill Gale," Verna explained. Even though she is officially retired, she will continue to come in one

day a week "to help out."

Verna Garibaldi was born and raised in Pleasanton, went to public school here and graduated from Amador High. Her husband, George, also is a graduate of Amador. They have been married 41 years and George is now retired from the Sheriff's Department. Their two children, Kathy and James, are also Amador graduates.

Verna says she has stayed here all her life because "I just love Pleasanton and never had a desire to go anywhere else. I remember when I used to walk to work and say hello to everyone by name."

But she says that even with the changes, Pleasanton has retained the qualities and atmosphere she has always liked. And those changes are quite tangible. As we talked, land movers and bulldozers rumbled outside the window as the SF depot redevelopment project took shape

next door. But Verna says it will be wonderful when finished.

Her co-workers in the Neal Street office urged Verna to go ahead with this interview and had nothing but nice things to say about her. Legal secretary Veronica Thompson told us that "she hates to be in the lime light. She's been in this place for years and years and is just a lovely lady to work with." Another coworker, Belinda Quintana said, "I know what a demanding job being a legal secretary is. It's an honor to know someone like Verna who has done it as long and successfully as she has."

Verna has worked full-time hours all during those 40 years, except when raising her two children. But even then, she continued to come in part-time. Now she is looking forward to dividing her time between Pleasanton and the Garibaldi summer home in Twain-Harte in the Gold Country.



Verna Garibaldi in the Judge's chair.

Great Expectations

VMH Early Prenatal Classes

Expectant mothers have a lot of doubts, worries and questions. What should I eat? Should I bottle or breast feed? How do I choose a good pediatrician?

These and many other questions are addressed at Valley Memorial Hospital's Great Expectations prenatal classes. Autumn sessions will be offered November 6, 13 and 20. Sessions are held from 7:30 to 10 p.m. at the Alcosta Medical Arts Plaza (Family Medical Center), 9260 Alcosta Blvd. in San Ramon. The cost is \$25 per couple.

"New parents are excited about the birth process and want to learn as much as they can about what to expect," says class instructor Colleen Dukes, R.N., a certified prenatal instructor.

The three sessions cover the following areas of information: evening one covers what to expect during the trimesters of pregnancy, normal and abnormal condi-

tions, good nutrition and information about ultrasound and the Rh factor.

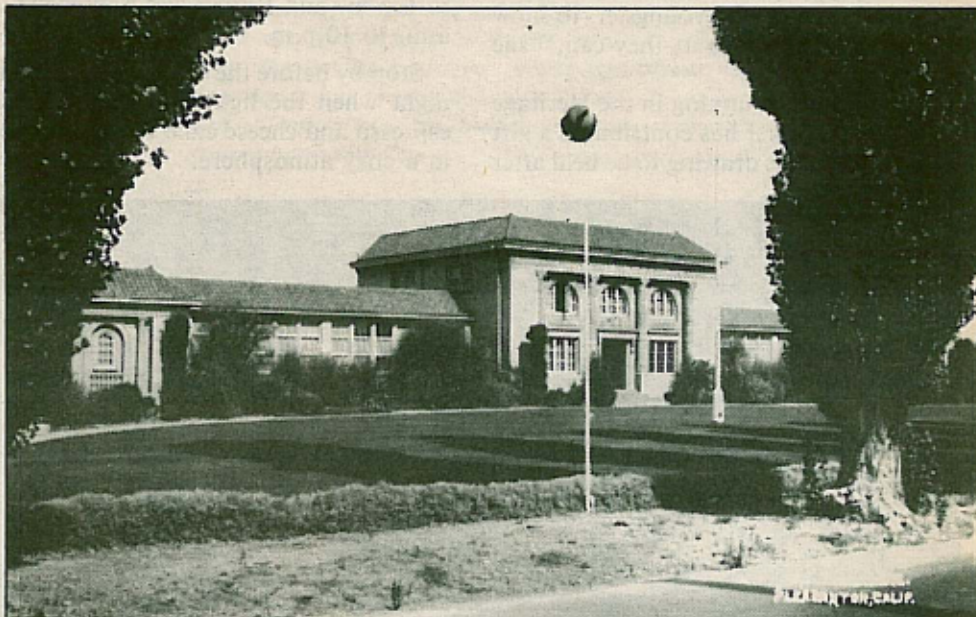
During the second session, participants learn about fetal growth and development, normal discomforts of pregnancy and how to deal with them. There will also be instruction on conditioning exercises and what a pregnant woman should make note of to report to her doctor during her visits.

During the third session, participants learn about the various options now available for giving birth such as LaMaze, Leboyer, etc. The instructor will also discuss how to choose a pediatrician and will provide information on breast and bottle feeding the newborn.

Great Expectations is part of Valley Memorial's TOTAL HEALTH, Programs for Healthier Lifestyles.

For more information or to register, call 373-4000.

School



Old Amador High, originally known as Union High School.

Photo courtesy Jim Georgis

continued from page 1

the Amador/Livermore Historical Society Museum located at 603 Main Street.

Doss will catalog the shared artifacts and will make copies of unique items on loan. Community members are urged to consider donating or loaning old school yearbooks, class photos, programs from special events and graduations, report cards and any other items like these being sought by the committee.

Committee originator, Walker says, "we're quite enthusiastic about this project. Lots of people have expressed a desire to help out."

If you'd like to be involved in the School History Committee, call Walker at 462-5500 during the work week.

Monthly meetings are scheduled for the fourth Tuesday of each month at 7:30 p.m. in the school district's administrative office, 123 Main Street.